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## IMPATIENCE

Chetan: Guruji, please excuse my voice. At times, I'm an ass, but today I'm a little hoarse.

GR: Oh, you are? You know you're talking, you're talking of an ass, there's two kinds of people I know, geniuses and genie asses!

Chetan: Guruji, what is the difference between impatience for enlightenment and preparation for enlightenment?

GR: Um hum. Impatience is a quality that destroys your yearning for enlightenment because to become enlightened requires an infinite amount of patience. So if you try to be impatient, then you are chasing enlightenment far away from you, because the very word impatience would imply expectation, and expectation is governed by the mind. Now, when the mind is set into motion in expectation with impatience, then there can be no enlightenment. Because the greatest blockage to enlightenment is mental expectation. For example, when you sit down to meditate and you expect an experience, then that very expectation will chase any experience away from you, because the mind is swirling now, swirling and whirling along, and when the mind swirls and whirls, calmness disappears. So, the idea is to find that center of stillness within, where you are totally patient. And you sit and you say, "If I am going to have an experience I will, if not, I won't. So what?" And when you have the attitude of so whatness, then you have the deep experience which is your birthright.

So, if a person wants to become enlightened, and for some it might take a few hundred lifetimes perhaps, and for some, in this lifetime. But one thing is sure, that out of every thousand million people that seek enlightenment, very few would reach it. So what we are doing then, we are just putting people onto the path, so that finally he will reach the goal. And what is the goal? Enlightenment? Ah, it's a goalless goal, because as soon as you think of a goal, the goal would go further and further away from you. Like being in a desert, you see the mirage, and the more you run after or to the water, the further the mirage goes away from you. So be totally goal less, but play the game for the sake of the game. Don't think in your football game that you are going to score so many goals. What are you going to achieve by scoring those goals? You will say, "Ah ha, my team won. I scored ten goals." Hm? And yet the pleasure is not kicking in the goals. The pleasure is in the game. So every one in reality is enlightened, but they are not playing the game. They are thinking all the time of scoring the goals. Why? What purpose is it going to serve in your scoring goals? Your team is going to win, and if it doesn't win, so what? The fun was in playing the game.

So, this life is nothing but a game, to be played for the game itself. Now, when you develop that attitude, that I'm playing the game for the game itself, you would come nearer to the goal of enlightenment. What is enlightenment? It's a sense of total oneness within oneself to be centered and not roam around the periphery, but to be in the center. And when you are in the center, you find peace, tranquility, bliss, joy and far beyond that which cannot be described in words. And that's enlightenment, huh.

So, according to Zen philosophy, for example, be of no mind. So when you are impatient, you are in the mind. But the goal or the game should be of no mind. All problems of the world arise because of the mind. The mind thinks this and the mind thinks that and the mind becomes impatient, hm?

What shall we do with impatience? That is the question. What shall we do with it? You feel impatient to build a new house. You feel impatient, when am I going to get the money to buy that new car? Hm? Now that very impatience is causing you pain. Im pain tience. You see the pain in impatience? I think we really must revamp the English language. For in verbal communication you are still involved in the mind. But the true communication comes from there and I communicate with you from here, not from there.

Now join your hands together. Close your eyes for just one minute, and you put your book down. I will show you what that communication is now. You'll start feeling a tingling in your hands as they're joined together. [Pause]

Open your eyes slowly. Now, where shall we start? Come, Mary Beth, put your hands in mine. Um hm. Next. Come along, I won't bite you.

Good, Jasuti.... Laura.... Iris, dear.... Ballooji..... Chetanji..... come, my son..... Cindy.... have you got a pen there, Vidya? Write down, not Cindy, okay? S A N D H Y A. Sandhya, Sandhya, have you got that? Yes, Sandhya, that's your spiritual name. Not Cindo. You don't do sin.

Sandhya: Thank you very much.

GR: My joy. Come, Cuckoobums... Praseela..... change of climate, change of weather. You know how many countries I've got in this trip? By the way, Sandhya, it means prayer, prayer. Stella.... I will explain to you after we're finished what is being imparted to you now.... You must have felt a vibration, hum? Is there anyone here who did not feel a vibration flowing through me to you? If you want it. Now that did not come from this physical body. This was a communication from my heart to your heart. And that is what is known as the touch of the master. He can do it with a glance. He can do it with a physical touch. So now this is to show you that you have that state of heart that contains great purity. If it did not,

you would have not felt the vibration which I gave to you from my heart. So why be impatient? Huh? It's all coming, all coming, that's for sure.

So now, enlightenment, very easy with a match. Light yourself up. But where are you going to find that match to light yourself up. That match is here, the flame is forever burning there. Huh? Just fan it a bit, and let the flame grow larger until it becomes so large that it encompasses the entire universe. For you, in reality, are the universe. Has it not been said by scientists that if you discover the totality of one grain of sand, you have discovered the entirety of the universe? For if the universe is contained in one grain of sand, is it not contained in you as well? Hm? But, we seek and we search for the entirety of the universe which is life itself. But we run away from life, we do not face life, and we do not face life because of the fear born of impatience. Hm? You want to face life and yet you do not want to face it either. So that cause the conflict and when the conflict is caused, then you're running away from yourself. You're running away from enlightenment. You're running from the light which is you. For you are all of light.

When I look around I very seldom notice faces, unless of course, I focus my attention to a particular face. I only see blobs of light. Some bright, some a bit dim. Some of various hues, according to their evolutionary status, hm? But light is there, forever there.

So, don't run after enlightenment, but run after the center within yourself and that is not very far a distance. You are the center of yourself, so where are you going to go to when you are there already? But the understanding has to be gained, that I am there. There are no problems, there are no fears. Total fearlessness is my nature. Affirm that to yourself. For what can happen to you? Nothing. So you walk down, down the pavement here. You call it sidewalk, don't you? And you might stub your toe. So what! Enjoy the toe being stubbed. Take your attention to the pain there on your toe, and you will enjoy the pain. Why will you enjoy the pain is because you have become one with the pain. That is the secret. And when you cannot become one with the pain in your toe, that's the time it hurts. Otherwise, pain is pleasure, and could pleasure ever exist without pain or pain without pleasure? The focusing, that is important. The focusing within oneself. And the easiest way is not to go stand on your head for two hours at a time, hum? We have some yogis in India which I've met who will stare and stare in the bright sun until they become blind. Or another would stand on one foot for months and months on end thinking that will bring him enlightenment. And you have others doing all kinds of practices which are of no value. For staring into the sun and making yourself blind, hm, you are missing the light. Or standing on one foot for months on end, hm? You can wither away the other foot.

You see, so what we are talking of is creating that balance within ourselves; and when you create that balance within yourself, you are centered. So all problems which are called problems, and all miseries which are called miseries.... I've never heard of these words, they're not in my dictionary really. There is just joy and happiness, because I live in the center

of myself. And it is only through mediation and spiritual practices and the spiritual force imparted by a true guru that will bring you to the center of yourself. He cannot bring you to the center of yourself, but make you realize that you are the center. You see? A spiritual master can take you nowhere. He just imparts the spiritual force to make you realize, by yourself, that you are the center. You see.

So simple.

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