

AMIDST THE CHAOS, CAN GLORY BE FOUND

GURURAJ: What shall we talk about tonight?

DOUG: David has a question.

DAVID: Beloved Gururaji, there is a great feeling... [Clears throat.] Excuse me, I'm really nervous. [Laughter.]

GURURAJ: You're nervous? [Laughter.]

DAVID: Yes. [Laughter.] There is a great feeling of chaos and hopelessness in the world today. Is it possible to fundamentally alter on a large scale the way human beings relate to each other individually and as societies and governments? Can we do more than teach meditation? Does your mission include activities on a larger scale than attracting individual chelas and guiding them in our own unfoldment?

GURURAJ: Yes. [Laughter.] Next question. [Laughter.]

Yes, amidst all this chaos in this world, amidst all this gloom, can glory be found? That is the question. Can man's mind, as it is functioning today, can it be altered? Can his consciousness be brought to a heightened level where he's aware more and more to what he really is? Can meditation help this process? Can meditation lead a person to dive within himself and thereby find the true essence of himself which is love? Now, to all these questions, the answer is yes. But we cannot neglect the fact that we are, the world is, in a state of chaos. Where ever we look, there are trials and errors. There are turbulences that befuddle one's mind. And it saddens the thinking man to see all this around him. Now his sadness could be caused by the love he has for his fellow man, or his sadness could be caused by the projection of himself, his personal self, that: how am I going to get out of this chaos? Now as the tendency is today in the world as we see it is one that would inevitably lead to destruction, but this... remember the word, "tendency."

Now I have been speaking about this for many years now that from the year 2000 onwards, 2020 to 2050, there will be man made destruction. Not destruction by natural causes, but by destruction... Unnatural causes. Hmm? Technology has reached so far. There are so many inventions in this world today that have been suppressed. You relate this... You've heard of the neutron bomb that could kill off the people and yet preserve brick and stone. These things are all there. An entire town could be wiped out with just one pint of liquid thrown into a reservoir. Now all these inventions are

there. Technology has not advanced man's evolution. So that is why meditation and spiritual practices are so necessary to open the heart of man which is filled with love. For I do not deny mental development, but today the world is very intellectually and mentally orientated. The concentration is mostly on the mind and on technological devices. But if the heart is opened, if one through meditation and spiritual practices reaches the Kingdom of Heaven within, then his mind can be flooded with the love that is within man. So here a combination can take place of mind and heart so that the heart could be the governing factor, the boss of the mind, and will not allow the mind to pursue the destructive tendencies it has. Now as I said, at the turn of the century there is a general tendency at the moment where not only this world could be destroyed, but it will have such great ramifications that it will affect the entire solar system. And by affecting the entire solar system, it will affect the galaxy. It's like a pebble in a pond with ever increasing and widening ripples. Now can this be prevented? That is the question. Now I've said, been saying this for many, many years, and just about two years ago, I saw a newspaper clipping where Linus Pauling, the two time Nobel prize winner, also finds through his studies that this is so. Now this is the general tendency. We are in the midst of a very crucial period, and man has to decide how to avert this tendency. And that is the purpose of our foundation. It is to open through meditational and spiritual practices the latent goodness that is in man so that it could permeate his mind and direct those mental energies not for a destructive purpose but a constructive purpose.

Good.

The ramifications of the technological developments would be such that it will disturb the entire cosmos our universe. Now there are universes upon universes. Now be sure that this universe because it has come into being, will end; but it must end in a natural way and not by a man made, artificial way. Good. For whichever starts must end, and the entire universe functions in cycles. It is created. It is preserved. And it is dissolved. Now with the present tendencies one can create this dissolution by the mechanisms of technology.

Atlantis died an unnatural death. They had come upon a certain crystal which was so powerful, so, so much more powerful than the atom bombs and hydrogen bombs that we have today. And because of man's greed and wars against each other that this crystal was exploded and an entire continent was submerged. And not only that happened, but it disturbed the entire equilibrium of this planet. For example, India was far lower down. It was near the tip of Africa, but because of this vast explosion, that portion broke away and shot up northwards. And the force was so powerful that that very impact pushed up a whole range of mountains which we call the Himalayas. And part of Atlantis is buried now under the Himalayas. You find certain strategic points, nine of them on this planet, which are highly magnetic points. And the Himalayas is one of them. Therefore many people want to go to the Himalayas to do meditations. Many people want to

go along side the Andes where a fraction of this crystal is, along the Yangtze river, in England near Glastonbury, for England is part of Atlantis that floated up and got saved.

What I am trying to tell you, that technology could be so dangerous if it is not combined with a quality of the heart. And the purpose of our organization is to open the heart of man, open up the love that is within him, and spread it and share it with his fellow man. That is our purpose; therefore, we encourage people to meditate and do their spiritual practices. Now if this dissolution comes about in a natural manner, then it would be OK. It will not come about by an explosion. It will not come about by an explosion. And if this should happen by an explosion, what happens to the immortal soul in man, the immortal spirit in man, for that is indestructible? You have nothing to worry about because that spirit, in order to unfold itself, will reincarnate elsewhere in another universe. So as far as that is concerned, as far as the spirit is concerned, there is no problem. But as far as the equilibrium of our whole solar system and galaxy is concerned, there lies the problem, for so much damage can be done.

Now this universe, since the time of the Big Bang shot forth these minute particles you can call it cosmic dust start moving in this propulsion. And this very propulsion of this cosmic dust is what we call evolution forever going forward through all the various phases of life: mineral, plant, animal, and then man. Now man has the choice to be destructive or constructive.

Now this tendency can be averted, for man is beginning to realize that the externalities are not enough and not conducive to his happiness. All the technologies of the world has not made you happy. All the gadgets we have in our home might have given some relief to labor, but at the same time it has brought about more sicknesses. Lack of exercise. Then what do we do? We do jogging. [Laughter.] We do jogging. Then we do all kinds of exercises and yoga and blah blahs. Now if a woman that works in her home without using all these mechanical devices of a washing machine and this vacuum cleaner and automatic electric sweeper and all that, if these things are avoided, and the woman gets on her hands and knees and scrubs the floors, right, or bends down and does real physical work, she doesn't need jogging. She doesn't need to go to weight reducing clinics. Hmm? [Laughter.] She doesn't need that. So all this artificiality that we have created, we are paying for. And that is how all these illnesses come about: neurosis and psychosis, and.... And then the mind too becomes lazy, and the mind goes into various conflicts. Do you see? So all these things technology has created. Not that we deny technology. Not that we deny the expansion of the mind. But what has the mind been doing? Turning screws because the mind is screwy! Yes. [Laughter.] Do you see?

So in modern society all these ills we have brought upon ourselves, and now we try and find a cure for it. When the physical body is not well, we start using all kinds of high powered drugs which must have its after effect. Oh yes. Oh

yes. When the mind is not well, we go to the head shrinkers who in turn go to other head shrinkers. [Laughter.] Yes, a vicious circle. Do you know who needs a psychiatrist most? A psychiatrist. And like that we go on through miseries and suffering all of our lives. It is a tragedy of modern times. So has man really evolved? And then when the medical man the medicine man, the witch doctor first and then the medical man and the psychiatrist and when they all can't help, they go to the other chap, the guru. And then the guru says, "Look. This is all very simple. You've done it. Be responsible for it. OK. First step: accept your condition as it is today. Second step: and do these practices. Third step: and then come back to me in six months time." [Laughter.] That's what they do. And that is the real tragedy of living. That is the real tragedy of life. And that is the chaos in this world. The world has no chaos really. The chaos is in man's mind, and all minds put together produces a collective chaos.

So when the cosmic dust propelled itself through what we know as space, it started gathering unto itself and meeting with itself other particles of dust. It has the ability to duplicate itself and replicate itself so that these life cells are formed to create various types of forms. Now when these various types of forms are created or that which... all that which has a beginning must have an end. And that end comes about when an equilibrium is established. Now these various material particles of the universe are governed by what the Sanskritists call "gunas," three factors that governs all of nature and the entirety of the universe: "tamas," which means inertia; "rajas," the activating force; and "sattva," the force of light. So amidst all this chaos, these three forces are there that govern the entire universe. It is only when tamas and inertia come to prominence or dominates the other two then chaos is felt, for the activating force of rajas is the one that tries to bring about an equilibrium between the forces of darkness and the forces of light. So through meditational practices these forces could come to an equilibrium, could gain a balance. And in our individual terms, we would call it integration of body, mind, and spirit.

So to reform society or to remove the chaotic conditions of the world, we cannot do it collectively. It has to be done individually, for all the units put together make a whole. And that is how with this wholeness in society can this destruction be prevented. Good. Now although the tendency is there, and from the way things are moving, more and more people as I've observed throughout the world, through my travels throughout the world more and more people are moving inward. That is the first step to avert this destruction. And because of this present tendency of moving inward, I feel very optimistic that this destruction will not take place. That's good news. And this thing you Californians are worrying about that California is going to break away and sink into the sea that is rubbish! [Laughter.] [Voice in background: All right!] [Applause.] It is going to be... It is going to break away. [Laughter and "ooh's."] But it is going to break away, but in two hundred years time, two hundred thousand years time. So, if you are around, please give me a tinkle. [Laughter.] It is unnecessary fear. Why should you worry if this world is going to come to an end or not, if

California is going to sink into the sea or not? Why worry about what is going to happen in two hundred thousand years time? Worry here and now. This is our business. Here and now! So through meditational practices if we can open the portals of our hearts and let that love flow in its full glory and embrace each and every creature within those folds and find that oneness that is there all the time, then where is destruction? There is no destruction. But what we need is a re constructing of that oneness that is there.

For there is nothing apart from each other. If you sit there and I sit here, do you for a moment think that you are apart from me? No. There are millions of atoms here that are not visible to the human eye that are connecting you to me, that is connecting everything with every other thing throughout this entire universe.

I told you in a lecture this week that the mind is a universal mind. There is only one mind. The Manifestor in his manifestation manifested only one manifestation, firstly as the mind. A very subtle energy came forth from the Manifestor, and through this process this very subtle energy condensed itself into grosser and grosser forms. Watch nature. When the season comes... (I wonder why these flies love me. [Laughter.] And I'm sure they are all females.) Look at nature. When the season comes, all the birds get together and fly to warmer weather. They do not use the intellect. There is no thinking there, but a natural instinct that is within them of that togetherness, of this oneness. I do hope these bloomin' governments of the world can understand that! Creating these various separations and these wars totally unnecessarily by their own personal whims and fancies, thinking they are protecting. There is no protection there, only destruction. It is only when they come together and say we are all one, then they'll be doing a service. Otherwise many of the so called great leaders of the world are just indulging in their own ego and self aggrandizement. Good. So they have a lot to learn from nature.

Nevertheless, we in our individual capacities can recognize and realize that all nature is but one, for the Manifestor has not manifested two. The entire manifestation is one. But when through evolutionary processes man started thinking, then he started compartmentalizing that I and you. I and you. Now if there is one, there could be no friction. But when there is two, there is friction. So it is man's doing that divided up this universe into name and form. This is a dog. This is a man. What is it actually? It is name and form. But the universal spirit between man and the dog is the same at its root. So what we have to do is go down to the root, and that is the only salvation to bring a greater stability into this world.

Ninety nine point nine nine nine percent of this world's population are mad. Yes. There are a few enlightened beings that are totally sane. But as soon as there is a little imbalance between the three gunas, tamas, rajas, and sattva, then, then that very imbalance is insanity. For if there was this balance, there would be no greed, there would be no hatred, there would be no wars. There would be no chaos but a quiet, calm, cool state of existence. And that is real life. We are only presuming to be alive. It is a presumption of the mind. And yet this life that we live cannot be denied. It has its own form

of reality in its own form of chaos. So what kind of reality do we want? A chaotic reality or a calm, balanced reality? The choice is yours. And Divinity has given us that free will, and that very free will we have imprisoned in this chaos. What to do? Hmm? [Laughter.] How to get out of it? That is the problem. We are a practical people. You know, I said the other day, all the theories of the world can be thrown away. Burn up all the books. They lead you nowhere. They add greater and greater confusion instead of the fusion we need between mind, body, and spirit. For opening up of the heart and allowing that divine grace to flow from that reservoir that is within man, that is really the goal of man. That is the destiny of man. That is God ordained! But we are going against what is ordained. So can you blame this world for being in a chaos? So therefore true masters can only advocate love.

Throw the whole Bible away, but retain one passage: "Love thy neighbor as thyself." Forget the rest. There's a lot of pornography in it and everything. [Laughter.] Yes. And I tell you if it was not the Bible, the country that I come from it would be banned. Yes. Because it is the Bible, they can't ban it. Yeah. Yes. "Love thy neighbor as thyself" is the way to bring this chaotic world into a greater balance.

Now how do I love my neighbor as myself? It is not something that I try to do, because trying is a mental condition. You try with the mind. It's a conception. It is not something that comes from a realization. And I can only love my neighbor as myself if I love myself. But how many people really love themselves? Ninety nine percent of people hate themselves. Oh, it is, it is nothing to stand in front of the mirror and powder your nose for two hours. That doesn't mean you love yourself. Hmm? No. No. It is just you are trying to make yourself look more pretty or more attractive for your husband or whatever the case might be. To truly love yourself is to be integrated within yourself, and by integration, by that integratedness within yourself, you find that Divinity there. And when you become one with that Divinity, then you do not love that Divinity, but you become that Divinity which is you. Every man is Divine. Gods on earth and goddesses on earth. And they've become [asuras?]. That's a Sanskrit word for demons. And so chaos must result because man has forgotten himself while all the scriptures in the world keep on saying, "Man, know thyself!" But we have forgotten ourselves. We have forgotten that we are essentially Divine.

Now when we recognize through meditation and spiritual practices the Divinity within us, then we very spontaneously see the Divinity in others. To the visitors here that do not know the meaning of our greeting, "namaste," it means that I salute the divinity within you.

[END SIDE ONE]

GURURAJ: ... by thought, word, and deed. Therefore, you lift your hands up. By thought, word, and deed I salute the divinity within you. Now this has to be put into practice. An idle salutation means nothing. You might as well say hi or hello. Do you see? So when through spiritual practices man becomes more integrated within himself, he starts recognizing that divinity within himself, for the awareness expands so much that it does not only take in the external environment, but it also takes in the eternal environment that is within him. And that is how, by the recognition of Divinity that's within yourself, you recognize the Divinity in others. And then can you really love, because who is loving who?

Can your mind, can the husband's mind really love the wife, or the wife's mind really love the husband's? No. The mind can only rationalize: "Oh, he's nice. I love him!" She thinks that, or he thinks that because he's nice or she's nice and... hmm? So what happens there? It is just a projection of my own thought, but it is not love. It is an imitation love because the mind is involved. "She has a lovely nose, lovely hair, lovely figure. Hmm? She's very pleasing. She cooks nice. She looks after the children well." Rationalizing! Rationalizing all the time with the mind, and that I take for love. That is not love. That is not love. That is business. [Laughter.] Yes. For as soon as the woman will start cooking badly, as soon as she doesn't keep the house well, as soon as she does not, you know, keep herself pretty, you stop loving her. It's a business. Yes.

But real love comes only from within. The recognition of what is inside oneself that brings about a spontaneous rapport with the inside of the other. So what happens? Man does not love man. The human does not love human. But Divinity becomes one with Divinity, and that is love. Do you see the wide range and the scope there is to avert, to avert the chaos that could be there? So when man's mind is freed from chaos on an individual level, it could very well develop into a collective, worldly level. And that is why we want our message of love to reach every corner of the earth.

Yet, now to be practical this is very idealistic if I am capable only of love of a surface value, love of the rationalistic value, then what must I do? I do spiritual practices to take me deep within, for as soon as a man asks his woman why do you love me, then there is no more love. As soon as I explain you why I love you, then love ceases. For here analysis begins. Not love. Love asks no questions. It is a state of being, and when it finally dawns upon you, then it is a happening. It is a happening. So these are the ways, and love is the only way in today's world that will prevent further and further chaos, that could avert this catastrophe that is so imminent. This tendency can be averted. And with the development of love, an equilibrium between the forces of nature that we mentioned, *tamas*, *rajas*, and *satva*. And when that equilibrium takes place, a man knows the true value of love and joy and bliss. Not happiness, bliss. Today people hanker after happiness. But they are actually in "nappy ness." Diapers. [Laughter.] Yes. We have to grow up! We have to grow up from this dire emotional immaturity because emotional maturity can only come about with integration, integrating the mind, body, and

spirit. That is maturity. Otherwise you are immature to a lesser or greater extent, and it's only immaturity that causes chaos. The mature man can stand aside and watch the world go by and not be affected. You know Rudyard Kipling's poem, "If." The gist is this: let the whole world be in chaos and yet I am unaffected. It's a beautiful poem. I'm sure most of you have read it. Do you see?

Now that state is created, can be created, and we have seen it happening to thousands of people in the world that belong to our organization where gradually, gradually, gradually they become more and more whole. And that wholeness is really holy. Hmm? Hmm? That is holiness. That is our true nature. We fragment ourselves by our very thoughts, words, and deeds. Unnecessary. And why do we do it, hm? For a pound of flesh! Merchant of Venice? Hmm? For a lousy pound of flesh we sell our souls! Oh, what a fool am I! Do you see?

So for the little temporary pleasures of life we sacrifice that which is so great within us. We do not give it any recognition. It is a shame really. If we look at ourselves in the mirror, it is a shame. For do we really look at ourselves in the mirror? How many of us can really face ourselves in the mirror? How many? What do you see when you look into the mirror? See these eyes, nose, and cheeks and face and what have you. And most of the time we are so interested in making ourselves look pretty outwardly that we are afraid to look into the mirror deeply into our eyes. Try that. Try that. Try that, and see what you will see. Look into that mirror and stare into your eyes. And you will see something far different than your face. Has Shakespeare not said "the eyes are the windows of the soul." And you can look into the soul through your eyes if you have reached a little stage in meditation. And as you stare there, thoughts will pass through your mind of who you really are. And you're not going to love yourself for it.

So what do you do then? You do something about it to make yourself love yourself. That is the first step. It is so simple, really. Very simple. Very simple for man to become integrated. It is very simple because Divinity is there all the time within you waiting and waiting and waiting to find expression, waiting for you to open the lock, to turn the key through meditation and spiritual practices, to unlock the door. And that glory will shine through with such great force that even in the presence of such a person you feel elevated, you feel inspired. Like Buddha, he used to sit still and not say a word, and his disciples sat around him. And when they left, there was something they learned, something they realized, for Buddha acted as a mirror of the weaknesses of man. And the weaknesses are only on the surface. Inwardly you are strong and divine. And Buddha could emanate a spiritual force that helped the man to bring out that depth that is within him already.

So all these great masters that existed tried to do only one thing: it is to bring about an integration within man through love, to make man know what love is, for if you know what love is, then you know what God is. That is how the son leads man to his Father, our Father. That is the process. That is all what the masters do. As I said during this week, that the

true teacher does not shine the torch upon you but shines the light upon the path so that you may walk comfortably and see the pitfalls and avert them, avert the chaos that is happening within the mind of man.

So what are we going to do? That is the question. Destiny is in your hands. No one else's. Your destiny. And your destiny is so closely related to the destiny of the world. You will not realize that because of our own petty selfishnesses. Everyone for himself. That's what they say. That's what they say. But every thought you think has a rebounding effect in the entire universe. As man emanates from himself these thought forces, which occultists would call an aura, so the world too collectively emanates an aura.

And we have been given so many signs. We have so many other civilizations that are trying to teach us and contact us that: Do not destroy! Do not destroy the solar system, for it will have far, far reaching effects in the galaxy. But no heed is taken of them. No heed is taken of them. There are many more civilizations that are far, far more advanced than us, that have greater methods of communications. But they are being stopped. It is a fallacy to think that they come to invade. They do not. They come to help and try and teach and warn man: "Be careful. Get away from this selfish needs. Get away from this chaos that you have created, and avoid destruction!" For this planet Earth can really be made into Heaven, for Heaven is there.

And if you do not consider the world, consider yourself, for that very heaven is also within yourself. So if you can draw those forces through spiritual practices from within yourself, then you automatically set forth vibrations which will enlighten the environment. Like I always say, the nature of a flower is to grow beautiful, but that is not the only thing it does. It also beautifies and enhances the beauty of the garden. So you see what a wonderful service we can perform by just being better people, by just being more integrated people. Better people does not mean you go and do some charitable works and this and that. That's going to be done for the sake of ego or for the sake of self importance although that too in some measure helps other. But by better person I mean a more integrated person. That's about an hour. OK. Fine. Namaste. Namaste.

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