

Gururaj: You explain us.

Translator: Going to the toilet depends only on me to go to the toilet, but to babysit, it also depends of the baby you have to sit.

Gururaj: Now looking after the baby, does it not make you feel that you want to have a shit? Because the baby can be very troublesome and your stomach can also be troublesome, so is it not the same? So, to go to the toilet and to babysit -- sit?

Translator: Sit in the toilet.

Gururaj: (Laughs) Baby shit.

Translator: Babysit – baby shit.

Gururaj: We are joking together, you know that. So we have to understand the answer to life. We can be anywhere in the world, like me I'm everywhere all the time, but we must ask one important question, "Where am I now?" I am not in Madrid, but I am within myself. And when you feel that you are within yourself, you will find the totality of yourself, there is no question and no answer. So the answer answers itself. You understand this very subtle point, when an answer can answer itself, then question disappears, because answer is answering itself. That is the true meaning of why you are living, you came to this world not to question, you came to this world to find the answer. But yet the tragedy is this that we have to question to find the answer. If we can establish ourselves not in the question, but in the answer, then answer will care of itself.

Now, I'm going to tell you something that affects everyone's lives. Because you question, you're trying to find the answer, but if you have found the answer, question disappears, right professor? So when we become established within ourselves, no question can be there, because then we are living in the answer and not in the question, you understand this? – Sorry, I beg your pardon. (Coughs) Change of water, get me some water darling. – You know coming from South Africa to London to Spain, change of climate. Thank you. So we still have this question, every – remember this now very carefully, okay – every question is questionable. They got that? Every question is questionable, why in the first place did we ask the question? Because the very question you ask yourself is questionable. So when your question is questionable,

your question will not have any validity. You understand that professor? But we go one step little further, we don't allow our question to be con – questionable, we – we don't allow our question to be questionable, one more step, we don't allow the answer to be answerable. Who can make a question? It is your mind that asks the question, but your heart gives the answer.

Now how can we find the combination of the questioning mind to the answer of the heart? That is our problem. The mind must combine with the heart, then what we will find, no question and no answer, because the quietness of this heart produces the quietness of the mind. <0:10:55.1> right? True. Now, I am a very stupid man, I don't know all the answers and when I regard myself to be stupid, it is so funny that all the answers just come. Because I am regarding myself to be nothing and when you regard yourself to be nothing, all answers come automatically. We attach so much importance to ourselves, why? All of us are totally stupid and Charles is more stupid than anyone.

Now we are going to play a mind game. I'm a master of psychology and psychiatry. That's not important. From this morning to now, how many times have you raised your hand? No, you have not done that. Raising your hand it means an exercise and it also means that I'm pointing to my padre, so will all of you raise your hands? Come on – come on – come on – come on. Now say it to yourself, "I am stupid -- I am stupid. --I am stupid. -- I am stupid -- I am stupid –