

Gururaj: -- and happy lives. The words I speak to you is not for this forty people in the hall, but they are spoken for generations and generations and generations to come. For truth is always immortal. Now to come back to your question again, that you start from where you are, if you are devotionally minded, you start with bhakti yoga, if you are intellectually oriented you start with gnan yoga, and if you are a very practical person, you start with karma yoga, which means be good, do good. And then to repeat again, the combination of these brings you camino real of raj yoga. Why do you think my guru, Swami Pavitra Anandaji gave me this spiritual name of Gururaj, the king of gurus? Because after having mastered the various aspects of life, so he called me Gururaj, the king of gurus and to had a personal note, my life is dedicated to the service of humanity. What do I need? What? One slice of bread, a cup of milk or tea, a bit of shoes to put on, perhaps, and I only put on these clothes to seem decent because I do not want to insult all these lovely ladies in the audience, because as I told you, I think, I don't know if somewhere else, I could turn up in my underpants or even totally naked, because I've got nothing to hide because what all these guys have, I also got (laughs).

Oh I like to laugh. Do you see? Do you see the point I'm trying to make? Is to be totally uninhibited. As soon as you find the repressions and inhibitions, your problems starts, but to be uninhibited no repressions, your mind becomes free. I use these examples to explain certain principles. Principle, now in English we spell principle P-R-I-C-I-P-E – that you do in the toilet, P-L-E – now that is the principal of a school, headmaster – headmaster – principal – principal --, but change that word, let us spell it, P-R-I-C-I-P-A-L, that has a different meaning. So, P-A-L means pal, friend. So why not become the pal, a friend, of the prince within you? And that prince is our lord, so become a pal, a friend of the lord. As a doctor of philology, I like to play with words, and women also (laughs) joking.