

Gururaj. What shall we talk about today?

Questioner. Guruji,

Gururaj. Namaste.

Questioner.(Cont'd) Carl Jung

Gururaj. Can you lower it for her? Yes. Thank you.

Questioner. (Cont'd). Carl Jung said that 'Most people think that they think, but in fact all they're doing is re-arranging their prejudices'.

Gururaj. I said that first by the way. (Gururaj laughs)

Questioner. Do you agree? In order to avoid Jung's trap, how should we take care to reorganise our own thinking processes to enable us to be discriminating in a society in which the communications media are looked upon as purveyors of objective opinion and truth.

Gururaj. Very good. People think that they think. Now, when people think that they think all creativity is lost. Because they are assuming that they are thinking, and all assumptions have no value whatsoever because it lacks creativity. Real thinking has originality. Real thinking does not require pre-planning. It is something welling. For example when I write a poem, I do not think of the poem, the words just flow, and they flow, and they flow and also in its proper meter. When I compose a song, the words and the music come out together. That is called creativity. Every talk you hear me giving, is creative. It's not planned; I don't even know what the subject is going to be. Therefore, I say 'What shall I talk about?' That is called creativity. Now the purpose of our meditation is also this, which I might have not told you before, is to develop that creativity within ourselves. When we think that we think what happens is this, that the original thought that we have thought of just keeps on running around in the mind all the time. And all of you have experienced this, where one thought just turns around and churns around, and churns around in their mind. And that which we think we have thought tries to assume so many different meanings and tries to enlarge itself. So, the original thought is not enlarged upon. But that which we thought that we thought, is enlarging itself and most of the times out of proportion.

This is due to lack of one pointedness or a concentrated mind. In other words true thinking does not involve any rambling on. The origin of the tree is the root but we get mixed up not in the root, the root is forgotten. It is unseen and under the ground, buried, and we are just concerned about the trunk and the branches and the leaves and the fruits. But where would the leaves and the fruits and the branches be without the roots. So, to find a real creative thought, we go down to the roots which are deep within oneself. Modern communication is something which destroys thinking. We do hear a certain proposition on the television perhaps or the radio, and then we try and analyse it. But how much do we add on to that thought that we have heard on the television? And how do you know that the thought is original? It could be something very studied. If you want to write a book tomorrow, it's very easy to do. You read twelve books on the third subject, take away some of the ideas from those twelve books and you write a thirteenth book. And that is what's happening all the time. Most of the books I read, I find them totally empty. I read two or three pages and I know the whole book. Because I know where that particular trend of thought is leading to and then I examine the last few pages, if it's a well written book and I would know that ah, what I have deduced in the beginning, is exactly summed up in the end.

But, that you can't do with a poem that is creative, where the thought has welled up from deep inside, for every word there, is so placed and the combination of certain words could assume so many different meanings to us depending upon our understanding. Now, what is understanding? Understanding is governed by our background and how we have been brought up, in what mode of thought. Say, if a person is brought up in a very, very dogmatic creed and he listens to someone from another dogmatic creed, so there would be clashes. Because he is going in a groove and he will remain in the groove. So that is the level of his understanding. I spoke to someone tonight who does not really have any background of knowledge, perhaps some of the books read have just been superfluous, superficial books, things like that, and this person says, I listen to many speakers and I'm always very critical about it. It's not bad to be critical. But then remember the original thoughts of Christ's. He had more critics than followers. Because they couldn't understand him. Do you see?

So the origin of thought is not of the mind. The brain, with all its twelve billion cells through which the mind is portrayed, still could not bring originality to anything. All the greatest Scriptures we read in the world, ninety nine percent of them are not original. There's nothing new to be found in Christianity or Islam or Hinduism that could have not been found in the Vedas. So, this do serve a purpose, because teachings are so based to suit the times. They have to be or else people will not understand them. True creativity, true thought is something that comes about when you are very close to Divinity, when your mind gets tuned to the finest superconscious level which is in touch with that Divine force.

Because there is only one Creator or Manifestor and without being in touch with that Creator, all your thoughts could not be creative and not being creative, they are not original. So, modern communication and society influences us because we allow it to influence us. Firstly, it is because of fear and the fear is this, that if I become a non-conformist, everyone will condemn me. People always like to pat you on the back if you think like them. They say, 'Ah, he's a good man'.

All the political leaders or religious leaders of today, they can never come to you with any theory which is very, very far advanced. They cannot. They can only come to you just two steps ahead of you or else you will not be able to understand him. Therefore, the religious teachers, or politicians or in whichever field, they cannot advance too far ahead of you because you will be living in a different age all together. When Blake wrote his works, very few people could understand his mysticism. Now, many do because they have begun to study, not only the things which the churches have taught them, but they've also opened their minds. And I do find, travelling in all the Western countries, that because of the circumstances placed upon them they have been forced to open their minds and start thinking of thoughts that they've never heard of before. And for that I am very appreciative of the Western people. They do have, they have developed more and more an openness of mind.

Carl Jung was a great man. He had a very deep insight into things and he knew very well that many things that could not be expressed in words could be expressed in symbols, in mythology and he knew that. Because the greatest things cannot be expressed in words. And that is why Jesus used stories, which we call parables with such deep meanings, but if he had to put forth those same teachings in dry as dust philosophy or metaphysics he would not be understood. Then he too taught according to the times. Those peasants there would not be able to understand very high deep abstract philosophical truths. But they could understand simple stories with deeper meanings. So all these myths do have deeper meanings. And there again it depends upon your own understanding of what you can draw from it. From a simple story, one person could understand one thing, while another person another thing according to his own development. I myself have never found an untruth in my life. You can tell the most blatant lie and yet I will find truth in it. Why? Because I go beyond the spoken or the written word and I dive into the person's heart to see where does this originate from. What has happened in the person's mind to tell this blatant lie? While his real nature is of truth. Then going into the mind, I could see why he has done the things he has done. There's been so many intricacies, there have been so many complications which made him do that.

So here his real self is not functioning where true thought lies but it is veiled by the concoctions the mind has created. So if I remove the veils of his mind in my mind, I could see the truth behind the lie. Do you see? So here, it

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depends a lot upon us to see the creativity that is within the person. And every person is totally creative, even his physical body is creating and recreating itself. In seventeen days your entire blood system is changed. In a few months, every cell you have in your body now is annihilated and a new cell takes its place. So your body too is creating all the time. Those twelve billion cells in your brain are also changing all the time. They cannot remain static. The electrons flowing from the left hemisphere to the right hemisphere is flowing there all the time, creating and recreating those brain cells. And with the proper methods of getting those electrons flowing in a very well balanced manner so that there is a total or a greater synaptic control between the left hemisphere and the right hemisphere of the brain, then that is where creativity starts.

When a painter does a wonderful painting or a musician a composition or a poet a wonderful poem, do you know the intense ecstasy he feels. When I write a poem, I'm floating in air, I've forgotten everything around me I'm so absorbed in it that even if my wife shouts five times that the dinner is getting cold, I do not even hear her. Do you see? Total absorption brings about that creativity and originality of thought. Everything we see around us, everything we observe, even every morsel of food we eat, is created by thought. Thought is an energy. Do you know that food that you eat is created by thought? Yes. It is composed of thought because the very planting of the food required thought and that thought would be permeating the plant or the wheat or the corn. So one of the constituents of food is thought. One of the constituents of this shawl is thought. So much thought went into it and seeing that thought cannot be destroyed, it is still there. If I put on a jacket of a person who's harbouring, always harbours not good thoughts, I feel the vibrations and I have to take that jacket off immediately. If I eat food cooked by hands, because your very hands, there are vibrations that goes into the food from your hands and if that food is not cooked with love and a certain amount of purity, I get indigestion, I get gaseous, I get winds. It depends how sensitive you are. Some people I suppose they could eat iron nails and it won't affect them. Do you see?

So, here original thought is very sensitive thought. You, all of you must have experienced something. A person can come to you smiling, you know we have a lot of actors in this world and yet in their minds there are other things playing and if you are sensitive enough, you do not get bluffed by the outer appearance, you feel the inner self of the person. So, see how powerful thought is? And all these thoughts are influencing us all the time through the media, because we are weak. But if we are strong, then nothing can influence us. Even if they call you a non-conformist, what's wrong with being a non-conformist? The greatest things in the world have been created by non-conformists. Luther did not conform to the religion of his times and he created another one. And that's how the Protestants came about. That's how various Schools of Art came about, because they would not conform. Van Gogh, the Impressionist, great art, he did

not want to conform to the conventional form of art and yet if you can find a Van Gogh painting, you can get a quarter of a million pounds for it. He was a non-conformist.

So like that - now the question remains how do we come to creative thought? How can we develop creativity? Many people that write a book perhaps or do a painting or compose a music, they think they are creative. They are not. They're very few pieces of music that I've heard that are totally creative. What has happened there, is that your mind can be tuned to a much higher level and all those musical notes or all those thoughts are floating around in the atmosphere and by tuning your mind to such a level that you catch those thoughts, thought by others. Many inventions you'd find that way, where people have thought of a certain thing, some of you might have also thought of some fine invention and you've done nothing about it, but those thoughts are floating around. Then a year or two later you'll find ah someone has done it. Someone has captured the original thought that emanated from your mind.

Now, there is only one creative thought. The thought that is created by itself and that is Divinity. Divinity is not created by someone else. Because if Divinity was created by someone else, then there has to be another Divinity to create the Creator of this Divinity. Do you see? And you can go on ad infinitum. Right. So once that Divinity is captured, you can express that Divinity in all its various facets as original. Like a flower bud, it opens up, that little seed expresses itself in all those beautiful petals of the flower and yet without those petals, there would be no flower. So, original thought requires expression. Now, you take all those beautiful flowers and you make a wonderful arrangement. Have you really created that arrangement? No. You have not. You have seen something somewhere, perhaps it has not registered consciously but unconsciously it has registered and you make that floral arrangement accordingly. But the originality is the flower. You see? You are just the arranger and when you arrange that arrangement you say oh, what a wonderful arrangement I have created. Nothing like that. It is just other things you have seen, not necessarily in floral arrangements. You might have seen a picture or the way that curtain is hanging or this is hanging or these rafters here and they implanted in your mind and you express all those little things and throw them together and you have an arrangement.

So the entire universe is like that and that is how the universe has come about. It has come about on its own steam, making its own arrangement, while the essence is Divinity. And therefore we call Divinity the Creator. He has not created. He has only manifested. The heat has been manifested from the fire. But the fire does not direct where the heat has to go. The heat can go in any direction, depending in what way the wind is blowing. So, where the heat goes is conditioned by another element. Now if anything is conditioned by another element, how could it be original? Because all

that which is original, can never be conditioned. It remains on its own. It is totally independent. It has no dependency. But yet that is the way of life. That is how this whole universe came about, one element being conditioned by another element. And there only five basic elements, earth, air, fire, water, ether. And it is the admixture of those original five elements that all these other things have come about. You have earth in you, fire in you, water in you, ether in you. All the five, you have it in you. And so does this jug of water have it in it. It is just a different way of computation that makes things different. Do you see? They're combined in different ways. Earth, air, fire, water and ether - ether being the finest of course. And with its various combinations, everything has come about.

But in this combination, if one has reached that inner depth, you can separate them which very few people have been able to do. And when you can separate them, you can do anything you like. That is the secret. That's a secret which all the Alchemists of ages ago have been trying to do. And that is what all the modern scientists are trying to do in their own particular way, to find the essence, to find the creativity. But we do not live in creativity at all. We are like a blade of grass being blown this way or that way depending upon the wind. We are continuously being influenced by outside sources or by other people. You might be wanting to do something and a friend comes along and he influences you. You want to go to Carlisle and the friend influences you. He says 'Don't go to Carlisle, go to Liverpool, London, wherever'. The person influences you and you get dragged by the influence. Yet Carlisle could have been more important to you. You have a sick Auntie which you wanted to see, but then the friend says 'Oh, forget the sick Auntie. Let's go to London and have a nice time. You know Soho is all filled with lights, Piccadilly Circus and all there's a lot of fun there.' You get influenced. And why do you get influenced? Because deep down within yourself you want to go and have a gay time, a nice time in Soho. Yet your conscious mind says 'No, I've got to see Auntie Mary up there in Carlisle'. The friend says 'No, it's so cold up there this time of year, you'll freeze to death'. You see? You see how the purpose of life can be lost by outer influences.

I said the other day that why do you use Colgate toothpaste, because the Telly tells you Colgate toothpaste is the best it contains fluoride. It saves you from tooth decay and all that business and you believe it. Well I've seen in India, where people brush their teeth not with a toothbrush. There is a tree called the Bavar tree and it has little branches, they're thin less than half an inch thick with thorns. So you cut off the thorns and then you chew that little stick until it becomes like a brush. And as you're chewing it, some of the sap is coming into your mouth and it makes you mouth so, so clean, you never have bad breath. Chlorophyll. Right. And then that chewed brush, which becomes like a chewed stick, which becomes like a brush, you use that to rub your teeth. Therefore, in the Indian villages there is very little tooth decay. Do you see? But then all these great Colgate people and all these other people came along and says, 'No you

use this' and half the people's teeth got rotten. Do you see how it works, how influence works? How many times didn't you want to sit at home and a friend pops in and says 'Ah come along, let's go to the local and have a pint'. And the friend is so forceful and then you go to the pub, 'pubb' and you have a pint of Watkins. Is that what it's called?

Voice. Younger's is better.

Gururaj. Younger's is better. (General laughter) See, so every time we get influenced in everything. You go with a friend for shopping, you want to buy a dress. Now your heart is set on mauve. But your friend says 'No, Elsie this mauve, (General laughter) Elsie this mauve is not going to suit you, but try it on'. And she goes into the cubicle and puts on the mauve dress. And then here Myrtle says 'Oh, no. I think the pink will suit you better because of your reddish complexion. (General laughter) Yeah. Yeah. I mean after all drinking all that brandy, your complexion becomes reddish and I think pink will you know, soften it up better'. So you're influenced to buy pink. Your thought was mauve. Do you see? Everything we do in life, you are being influenced by friends, by outside sources. Do you see? Here on the Telly you find all the various kinds of creams advertised for women. And the women they show you on the screen, they are so pretty. You know their skins are so lovely and smooth and you get influenced to buy that cream, because you want your skin to be as smooth as that Actress's skin there. But meet that Actress in person and see what her skin looks like. Your skin might be better. Do you see? Because when she gets on there in front of the cameras, she's so well made up, so you are not looking at her real skin, you're looking at the makeup. So, influence, influence, influence all the time and the more you get influenced by things, your creativity becomes lost. You lose creativity. Real creativity is when you stand on your own feet, and think for yourself.

Now, the question would be, how do I know that I'm thinking for myself? Do you see? That requires a lot of introspection. You throw off the chaff. Joan said this or Jean said this or Jackie said this. What do I say? Do you see? And then even if it makes you feel a little uglier perhaps - there's no person ugly in this world - but nevertheless you will still have the satisfaction of knowing that I did what I wanted to do and I am me. And as soon as you start thinking that I am me, then you become more and more creative. Your own thoughts will find a greater individuality, a greater originality because it stems from the aphorism that I am me. And who is the me? Not this little outer self, but the real me that does not require dressing up, but which shines in its own effulgence. Do you see? That is the secret of creativity. Because there is only one creative thing. There is no creative thought. Creativity is an essence and what we call creative thought is just the trimmings around the essence. Yet, if the trimmings are well combined to the essence, the trimmings can

assume the flavour of the essence. And it can be made beautiful. So therefore the saying goes, 'That there's nothing new under the sun'. That's what it actually means.

All these things I am saying, although they well up from deep inside, I'm sure must have been said before in some way or the other. They have originated from that one source, and these thoughts I speak to you, originate from the same source. So, there has to be an affinity with thoughts that were said ages ago, to thoughts that are expressed now that come from the same source. When we get befuddled with our thoughts, it means that it does not come from the source, but it comes, and they are manufactured by the thoughts that we have been thinking which, in the first place, has no foundation whatsoever. So we are actually building castles in the air because they are foundationless. They might seem viable or sensible but the originality is not there and it could very well be judged. You listen to a Professor speaking, it will go to your mind. You'll understand, well that's quite reasonable. But be sure to know it does not go to your heart. It remains on mind level only. But when a person speaks from the essence of himself, it does not only go to your mind, but it also penetrates the heart.

So here we have a combination that's created in the listener, a combination is created between mind and heart so that the thought that's expressed, assumes a far greater power. It is not only the words that transforms people, but it is the inner force, the essence that transforms peoples lives. How many people have not passed their M.A.'s and Ph.D's, and thousands and thousands of them being tutored under some of the world's greatest Professors, and yet they remain non-entities as far as their original self is concerned. Because only their minds have been appealed to and what they teach again in turn, is only to the mind, developing no understanding at all. It's called intellectual gymnastics, where you take certain superfluous thoughts combine them and recombine them and create another thought. An original thought is never compounded, while all the high faluting thoughts are all compounded, finding sources from sources and not from the original source. And that is the procedure of thought. And that is what we are all mixed up in. Until the heart is enlivened, until the heart is opened, unfolded, you could never appreciate any thought in its totality. It comes into the mind as the saying goes, in by one ear and out by the other ear. How many times have I listened to learned Professors in all my travels, and its just there for a moment and I've taken nothing home. Because my heart has not been stirred. Because that man has not spoken from his heart. If he had spoken from his heart, then the chords of my heart would have resounded in the music of his heart. You see?

So, studies are good. Our whole education system lacks a lot. You have some good Masters, Schoolmasters, University Professors and what have you, that have done a lot of good. But the majority I'm talking about ninety nine

percent. Why do people go to school? Do you know why? Not really to learn. Not really to develop themselves, but just how to make a living. That's all. You can become a doctor, an architect, an engineer, this, that, whatsoever. But that education is just to make a living. You might as well become a shoemaker. You'll still make a living, or a streetsweeper and you'll still make a living. But the real education, the value of real education is to develop the innards of the student. I remember when I was in Standard six or seven - we have a different system there in South Africa. Here you have forms, form one, form two. There we have it standard one to ten which is Matric and then you go to University. I remember this teacher, his name was Clarence Barnes, I shall never forget him. Apart from the ordinary syllabus you know, the various three hours and things we used to learn - the school used to come out at half past two, quarter past two, he used to put down all the books. He used to sit on the table with his feet on the desk in front of him and he just started talking of various things. He looked at every child and he could sum up the child. He created so much interest in me. We used to talk of things that is beyond standard six and seven. He spoke from the heart. He spoke from an inner knowledge, so profound that your heart gets stirred. You get awakened while all the other three hours tend to make your mind sleep - like when is school going to end? Do you see? That's the mark of a true teacher. Because he is bringing about, drawing out of you creativity. I'm sure you know so much about that. Yes. That is the mark of a teacher.

Gandhi made a very big mistake. He did not want to send his children to school. He says 'Those three hours are no good for you'. But he wanted to teach them and bring out what is really inside them. It was not practical in the world. And he was very disappointed afterwards with his children, where his eldest son Ramlal became quite a rebel. You must read Fisher's 'Life of Gandhi'. As a matter of fact, I lived with Gandhi for three months and when they had this premiere of Gandhi, I was invited in Washington to attend the premiere, through the Indian Embassy in Washington and then the TV people interviewed me and the newspapers as well. You can get those cuttings. I said he was not a saint, but he was a great man. He captured the imagination of millions of people. He was a shrewd psychologist. He gave his poor wife hell. He used to go in his monologues and his wife had to sit up 'til three in the morning listening to him. His father was dying and he was such a sexy fellow that while his father was dying, he dragged his wife to his room to make love. But he was a great man. Oh yes. Churchill was a great man too. He was a great man. He knew his job very well. But many, many a night they had to carry him out from the pub, drunk. Do you see? But they had some originality. Apart from the outer so-called behaviour, they were non-conformists. They had some originality and that is what we are after, originality, creativity and that makes one bloom and blossom. And that can only be achieved if we really find that inner self within ourselves.

You'd be amazed how creative you can become, by diving deep within oneself. Because that depth that is within oneself, contains the knowledge of the entire universe. You might not even be able to express it through the mind but you will know everything in the sense of knowingness. And most of you have had this experience. You just, without rhyme or reason, just know something and that prompted Jung to say that 'Man only thinks that he thinks', because they lack the originality. Jung through his psychoanalysis and other things, of course he was a great protege of Freud, and he broke away because he did not agree with Freud on many facets of psychology. And yet Jung did very great probing. He was a great believer in myths and symbols. But he failed to show the world how to interpret those myths and symbols. Because that is a very personal matter and only you yourself can find the truth behind the myths and the symbols.

I enjoy reading mythology. It sounds so rubbish. Yeah. For example in the Ramayana, you have Ravanna, the evil King, he had ten heads and ten arms. Now that is, he must have been a freak. How can you have ten heads and ten arms? None of us has ever seen that. But what it actually meant was that he had the brains of ten heads and the strength of five people, ten arms. Do you see? Then in other myths you'd find these God and Goddesses with four arms and six arms. They tell a story of the powerfulness of a certain person. Do you see? So, all these stories which seem very foolish to us, have very deep meanings which could have not at that time being described by words. And even now there are many things that could never be spoken of, that can be known. I know God. I am one with God. But if you ask me to explain it in words, I won't be able to do it. I can talk about Him. Yes. But not really explain it in language. Language is very limited. Do you see?

So, let us not think that we think, but let us think not to think. Write that down it's original. (Gururaj laughs) Yes. Forty five minutes. It's a very interesting subject, but to go deeper into it, would become very technical and I don't think everyone here is technically minded. You must have a nice chat with me on this sometime.

Let's go to things that we all understand better. Here is this Mullah Nassrudin again he's back. He went to a psychiatrist and he tells the psychiatrist 'You know I just can't remember'. So the psychiatrist asks, 'When did it start?' So he says, 'Start what?'

Now there was this person on this Course last year and he so much wanted to come to the Course. So he came to the Course and he spent the Course days here and when he got back, his employer called him in. He says, 'Listen young man, you just can't disappear from the office like that. You got to ask permission'. So he says, 'Sir, I came to your office

to ask permission but you were out but there was a board on your table which said, do it now. So I did it'. (General laughter)

This Nassrudin he married a widow and within five days, the lady gave birth to a son, in five days. So Nassrudin was running around you know buying school equipment for the son. So his friends ask him, 'Hey, what are you doing?' So Nassrudin replies, 'Look, if my son can make a nine month journey in five days, so anyway he'll be going to school'. (General laughter)

And then of course Nassrudin was passing through a place called the Land of Fools and he was a preacher and he preached against sin and evil. So every evening for weeks he preached against sin and evil and the 'Fool-landers' all came to listen to him. So one day they were standing there with folded arms and Nassrudin came and they told him, 'We have decided to shun'. So Nassrudin asked 'Have you decided to shun sin and evil'. So they replied, 'No, we have decided to shun you'. (General laughter)

Now this inspector went to a school, Peter's school, and there was an arithmetic class going on. So the Inspector thought let me play around with the children. So he asked the children, 'Give me any number from one to a hundred'. So, the girl in the front row stood up and said 'Forty six'. So the Inspector wrote down sixty four on the board. Then in the second row he said 'Give me a number between one to a hundred'. And the child said 'Seventy nine'. So the Inspector wrote down on the board 'Ninety seven'. Right. And then right at the back there was a red head freckled boy sitting, and the Inspector asked him, he says, 'You son, give me a number from one to a hundred'. So the boy gave him the number 'Thirty three' and he said, 'You try and muck that up'. (General laughter)

Now John went to his Father and he says to his father 'Look, I want to marry Elizabeth'. So the father says, 'Listen very carefully John'. He was a bit reluctant. He said 'You know Elizabeth is your half sister'. Right then John started another courtship and he met Marjorie this time and he went to his father and he tells his father, 'Look, I would like to marry Marjorie'. So the father hesitated again and he said 'You know, I don't like to tell you this but she's also your half sister'. So three courtships passed in succession and one day John's mother asked him 'John, why aren't you married?' So then John tells the story to the mother. He says 'Look, I've had three courtships and I was not supposed to tell you this, but I'm telling you this, you know my father says that they are my half sisters'. So the mother says 'Oh no, they're no relation of yours, you know. But don't tell your Dad that you are no relation of him'. (General laughter)

And here this English Lord got out of his front door and tripped over the wheelbarrow. So he calls for the gardener and he tells the gardener 'What the devil is this, how come the wheelbarrow is at the front door?' So the gardener replies 'You should know Sir, I brought you to the front door in it'. (General laughter)

And then of course Lord Hancock went somewhere and he gives this fellow a ten pence tip. So this waiter says, 'Your Lordship, only a ten pence tip, your daughter gives more'. So Lord Hancock replies 'My daughter has something which I haven't got. She's got a rich father'. (Gururaj laughs).

Well I think we've had more than an hour now. Any little questions, if you want another fifteen minutes more?

Questioner. Why did the psychiatrist ask the absent minded patient to pay in advance?

Gururaj. Tell me the name of the psychiatrist, I'll go and ask him. Tell us the answer.

Voice. He forgot. (General laughter).

Gururaj. Now here's something, apart from all joking, all of us have an appointment tonight exactly at twelve o'clock. We have done this at all our Course in America on my last trip there, July, August and it was really fantastic. People really loved it. Now the experiment is this and most of you will go through all different kinds of experiences sight, smell, presence, feeling and all these things. Go into your bedroom, meditate until twelve midnight, meditate for fifteen, twenty minutes. Do about five minutes of Gurushakti and I will be in your room at the same time, twelve on the dot. You'll feel me, you'll see me in a physical presence. You might feel a presence. Look, I don't want to tell you these things, I don't want to influence your mind. Tomorrow morning you can tell me about it what experiences you have had. I will be in my room meditating. Do Mantra, do Mantra or you can do Tratak, yes. It doesn't matter, same thing whichever you like the best. Do about five minutes of Gurushakti. That's important or you can do Mantra or Tratak. Please be decently dressed, not in your undies. (General laughter) I might feel embarrassed. Try it tonight. You'll sleep very well. Okay.

I want to give you an idea tonight that I can be thousands of miles away from you and whenever you do your Gurushakti, I'm there in a split second. You'll see tonight.

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