

Gururaj dispels the inferences of the question by asking the questioner to give a talk on what he suggested.

I wish them ten fold more. As all of us, as all of you would join me in those wishes. Would - have we got a pillow or two here? Pillows. Just for a moment.

Questioner. This is not actually my question but somebody else's, but they haven't signed it, Gururaj.

Gururaj. It doesn't matter.

Questioner. I don't quite entirely understand it myself and probably

Gururaj. And perhaps I won't either! (Laughter)

Questioner. But, if I may, I would like to add on a little rider at the end myself perhaps. I'm interested in learning how to pray. I understand that one is effectively praying in accordance with one's capacity while meditating. However are there more ritualistic approaches that you could recommend? I have in mind an offering to the world at large as well as to individuals. Also how to say a prayer over food, or one might offer a little food on an altar, or a verbal prayer, but who does one have in mind, spirits or God? And what if one has no wish to conceive of God?

Gururaj. If one has no wish to conceive of God? What do you want to pray for? What do you want to pray for? Nevertheless, I know what the person means.

Questioner. Shall I add my rider, now?

Gururaj. Please do.

Questioner. I was wanting to ask you Gururaj, for a while, some groups like the Arcane School, for instance, and the Druids, and witchcraft cult etc. seem to see some particular power or something in the full moon, and they have rituals or meditation at these times.

Gururaj. In the full moon?

Questioner. Yes.

Gururaj. No wonder that most of them are loony. (Laughter)

Questioner. The Arcane school, for instance, believe that certain energies flow into the earth, into our environment at this time. Is this so?

Gururaj. That forms two questions, doesn't it?

Questioner. Yes, it does.

Gururaj. Good fine. Lovely. Now of course the whole gist and meaning of the question is this: that, what is the purpose of prayer? Is prayer useful? How should one pray, and if one prays, could one achieve any result? Right. So simple really. Good, fine. Prayer has always been purposeful. Prayer has always been useful. Prayer has always been advantageous. Prayer has always had its psychological benefits, and by having its psychological benefits, it has its physiological benefits also. And with the combination of these two one could have spiritual benefits of which the person that prays does not know or understand.

When we sit down to pray - I think I have talked about this before. There should be a tape on prayer. Even if there isn't, we can always repeat a few things now and then. It doesn't hurt. Prayer doesn't hurt really. Good.

Now the power of prayer lies in the fact of how calm the mind is, and the calmness of the mind is achieved by Spiritual Practices and by Meditation. If a person sits down in a very agitated state to pray, two things can happen. He can increase the agitation by focusing more on the problem, because in the state of agitation his mind is totally involved in the problem, and he thinks, he assumes, he presumes that by uttering a prayer there he will be rid of the agitation, and that does not happen because by paying greater attention to the agitation, the mind becomes and more agitated. That is a kind of prayer which some people do, trying to escape from the situation. Good. Now, let us take another person who is also in an agitated mind, and he should have one thought there. He should recognise that my mind is in an agitated state, and by wanting to get rid of the agitation, let me not escape from the agitation, but surrender the problem to a power that is higher than myself. Then that prayer would have a calming effect upon his mind. We spoke about a similar thing this morning on self-surrender. So prayer assumes so many different forms. Good.

A person has a problem, and he shouts out, 'Oh, God help me, help me, help me'. Now is the help for any personal benefit? Now when a person shouts for that help, it would always be for a personal benefit, but what form of personal benefit? That is the question. You have commitments to meet in the bank tomorrow. You have written cheques and you have got to have ten thousand pounds in the bank tomorrow morning. Now you can sit the whole night tonight shouting for help: 'Give me ten thousand pounds'. It is not going to fall out of the sky. That is wishful thinking. That is trying to tax a higher power with your small little mind, and believe you, it might sound funny, but people do that. Yes, people do that. At the very point of the problem, at the eleventh hour only, they start shouting for help. Now Divinity or the powers that be - to an atheist he might not believe in Divinity, he might try and analyse it scientifically that with the force of my power and shout for help, various atoms will just form themselves into beautiful five pound notes and come down, and I will put it in the bank tomorrow to meet my commitments. That does not work. Divinity is also a law, Divinity is a law that governs natural laws under which man functions.

Now the man knows that he has this commitment on the first of July or the thirty-first of July. Good. What plans has he made to fulfil those commitments a month or two months before the time? And if he has made those plans, if he had made the plans, and followed the plans with great sincerity, hard work, perseverance, proper planning, systematic planning, then that very planning and work, and perseverance becomes a prayer. So prayer can also be a practical prayer, and not just wishful thinking. Now as a person plans to meet a certain contingency or a certain commitment, as he plans to meet that commitment, he will find without fail, he will find that ideas will just come into his head. From where it comes he does not know but ideas will just come into his head. Let us take, for example, the man is a salesman. Say he is a salesman, selling whatever. Good. Now he knows that 'I have to bring him a certain quota by the end of the month. I have to fulfil certain contracts to bring in that quota'. He cannot wait for the last moment to fulfil that quota because that will constitute a miracle, and we do not believe in miracles. We believe in the functioning of natural laws. So as he approaches, as he makes his plan, step by step how to do his selling, and if he puts his whole self in that selling, ideas just float into his head, how to make greater sales. It just floats into his head. He does not know where it comes from, and by him being practical, his prayer is answered. That is practical prayer.

The purpose of prayer is to achieve a result. Otherwise why pray? And even if the prayer is altruistic without any personal motive, - people pray mostly for themselves, but there are some that pray for others - so even in praying for others there is a motive involved. The one is a selfish motive, the other is a selfless motive. Fine. And even that prayer, that thought force that is sent forth in sincerity, and full of power, if that thought force is felt - a friend is ill, and you picture

the friend in front of you to be well and healthy, and if your mind is strong enough, and made strong enough through the practice of meditation, that thought can pierce the thickest and strongest steel wall to reach your friend. And we have said many, many times before that there is no separation between anything in this Universe. Everything is a totality, a wholeness. Every atom is interconnected to the other atom, and like that it is a totality. So if you stir one atom, one thought the ripples will go end reach its mark, and be helpful. But for that, a preparation is required, like the salesman that requires preparation. And in this case the preparation is the same, is to bring the mind to a calmer level which means reaching the subtler level of the mind, whereby all our thoughts become more powerful.

I was giving an example to a friend during the week of when I was in business, how I used to do contracts. Now I know I have got to do a contract with a person who owns a chain of cinemas, and I know that the opposition companies have been offering, because of competition, have been offering deals, very competitive deals, very competitive deals, and if I should offer something better than that I would land up in a loss. But I want that contract, I want that contract because I am in business not for love and fresh air. This is 'Beezness'. (Laughter). I will sit down quietly and visualise that man in my mind. I would send thoughts to him that although you will be getting from the competitor the item perhaps cheaper but the service will be lacking. 'From me you will not only be getting the supplies but also the know-how and the advice on how to use the supplies to the maximum value, so that in the long run your profits will be better. Here is something you're getting for one pound; I am charging you one pound fifty pence. But, the profit on the thing you are using for one pound might be two pounds. So you've made one pound profit. But what I am giving you with the service and the know-how and the business consulting ability, that one pound fifty will turn into three pounds fifty, so you will make with the same effort, two pounds profit. Here's one pound profit, there's two pounds profit'. Fine.

So these thoughts are directed to that person for his benefit. My benefit is involved, too (Laughter), but secondary, secondary. When man thinks of the other man's benefit first and then thinks of his benefit, then your thought force, or prayer - if you wish to call it that, because prayer is nothing else but thought force, becomes more powerful because you are thinking from the other man's viewpoint and how he could benefit. Good. I would sit, see the man in front of me, with closed eyes. I would think in my mind the exact words which I will say and I would hear the exact replies he would give, to the extent that I would see the kind of pen - Parker or Schaeffer or whatever, that he is going to use to sign the contract. Tomorrow morning the appointment is at nine and by a quarter past nine, I could walk away with the contract signed. We might think of dilly-dallying, and go for lunch together. It is worth it buying him a lunch, I have made enough, you see. What I am demonstrating to you is the power of the power of thought that is involved, not only in business, but also in various facets of our life, in business, in marriage, in love affairs. In love affair, sorry the plural should not be there.

(Laughter). And with the connection that is so important to everyone's life, the Divine connection, because in all these connections, the Divine connection is always there because that connection is the power of all thought, is the power behind all prayer. Without that force, without that Universal force, your mind can't think, your mind cannot analyse, your mind cannot even know your own particular need. So that is one kind of prayer.

The other kind of prayer is a prayer of total self-surrender, 'Lord, this is my problem and perhaps you know, seeing that Your power runs everything. Seeing that your power runs everything, so the circumstances I have been put into by my karma also contains some of your power. I am turning the wheel, fine. I am turning the wheel, but for me to have the strength to turn the wheel some of your power is involved in it. I have misused that power. I have taken Divine Will, and used it for my own means because I have free will, and yet You were the one that gave me free will in the first place'.

When man develops that understanding, he develops a greater knowledge of that Divine power, and then when one understands that, when one understands the interconnectedness between man and God, then that is the time he can surrender. And that is another prayer where he says 'This is my problem, Lord, you are the One. That is part and parcel of my problem. This life is there because You are there. Now you solve it for me'. Total surrender comes.

Now what happens in that surrender? What happens in that surrender is that you are separating yourself from the problem. We went into details on this, this morning. You are separating yourself from the problem, so that you gain a different perspective because of the calmness of the mind that is attained, and when the calmness of mind is attained, all kinds of inspiration come. And when the inspirations come in the form of solutions, your prayer is answered. It has shown you the way. So when we say that God answers one's prayers, of course, there is only one power, so He answers the prayers, but are we prepared enough, are we receptive enough to receive the answer? That is the question. You see how beautifully it works. People try and separate logic from Divinity, but Divinity is very logical, and also above it, because the instrument we have on hand is the mind, and if the mind can be used in its proper logical channel, then he goes even beyond logic thereafter. Good. So that is the other kind of prayer whereby man can command all the powers to be to assist him.

There are so many mythological stories in Eastern literature where a man goes through severe penances, stands on one leg for fifty years. Well, this is mythology, symbolic, but it has its meaning. He stands on one leg for fifty years or gazes into the sun until even his eyes burn out, and his mind is to capture the power that is required by him for a specific purpose. Now in Hindu mythology, you'd find so many different kinds of gods, and those gods are supposed to represent

different aspects of the one God. So it is actually monotheism, and not polytheism. So if he wants to achieve a certain power, he would direct his attention, and his penances, and severe asceticism towards Shiva, Vishnu or Brahma or to Indira, or Varuna. So he would, and he could, because of his mental force, gain that power. It is not Shiva, Vishnu, or Brahma coming to him, and giving it to him. Those are but symbolic representations, and that kind of symbolism or those entities are required to be able to focus the mind, to channel the mind into a one pointed force where the power that is needed is acquired. That is another kind of prayer. But behind all these kinds of prayers, that happens in the various schools that you have mentioned where these entities, existent non-existent are only focal points. Who can prove to us that there is a Shiva or there is a Brahma or there is a Vishnu or Indra or Varuna? Who can prove that to us? But if they can be used as symbols representing a certain power, a certain force - you want to gain control over air, wind, so you worship the God, Vayu. You want control fire, so you start worshipping the God, Agni. So this is just focalising, centralising one's attention by one's own mental force to attain the things that the person wants to attain. So who answers your prayer there? None else but you yourself.

Now, that is, we have discussed one aspect, the devotional aspect of self surrender, taking it for granted that there is an outside force, an outside power to which we surrender ourselves and say, 'Thy will be done'. And if the surrender is complete enough, it generates a certain force where that will be done even if there is no entity that one assumes there to be. Good. That is self-surrender. Then the atheist, that does not believe in surrendering to any Divinity, whatever form, but if he knows the principles of the power of thought, he can create the result solely by the power of thought, where he'll say that, 'I am within myself that entity. I have within myself the power of thought that could change the atomic structure of anything existent, that could change, redirect, re-divert all energies that there are and achieve the results I want to achieve'.

So what we are trying to say here that prayer is a thought force. So the theist can pray, and the atheist can pray. For the atheist that does not believe in a higher power, his path is very difficult, and it is only a man of a very high calibre that has understood the laws of nature that could use that ability and such a person might be one in a thousand million. You hear the stories of a person appearing at two places at the same time, materialising himself. Thought force, where various energies could be combined and recombined into the various aspects of things, and that is where the occultism comes in. Good. But when people that have not reached that, and believe themselves delude themselves to be some kind of God on earth, they are just undergoing a hallucination. They are deceiving themselves because it is not practical for them. They have not reached the stage. It is like a child in sub A wanting to perform the things of an MA. Impossible. It is not so.

The best way for today's man is not just the belief in Divinity but the knowingness of that Divinity that is forever there, and that knowingness can be experienced, can be gained through Meditation. As we go deeper and experience the subtler and subtler levels of the mind, we feel a greater and greater force and power welling up within us. Sometimes there is a bit of dirt that requires dissolving, and when that is done, all that force and power that flows, so that man can perform whichever thing he wants to do. It is within his capacity because man functions in the relative plane, and he has the right, the inherent right to manipulate the entirety of all relativity. He has the inherent ability, the inherent right.

Now the other beings that our friend spoke about earlier, the other planets where the entity is more evolved and that has acquired the ability to use higher forces, to use his mind at a more and more subtler level, where even words are not necessary, and things are just understood. Minds, one mind understands the other mind, without verbalisation. Man understands the other's heart without demonstration, where man can just sit in silence, and the greatest teaching is given. There are other powers, there are other forces. Buddha did that. The greatest of Buddha's teachings were never verbalised. He sat still with his Chelas around him and when they left something happened to them, and Buddha never uttered a word. So there are other higher forces that could be attained in this world, and there are other worlds, other planets, where these things are just natural, just natural to them like talking is natural to us. That kind of communication is natural to them. Like that layer upon layer upon layer upon layer. There are existences which function at a very fine, fine finest level, and that in Sanskrit is called Brahmaloka. Man can experience all those levels here and now because it is all contained in the framework of man's mind. And when man understands; man's mind is an individual mind because he only knows a little part of it, a little percentage, but as he unfathoms through meditation the deeper and deeper layers of his mind he starts understanding the Universal Mind, and his mind, the Universal Mind, becomes One with the Universe. There is no differentiation. There is no time and space. It is all here and now, at this very moment.

So you see how prayer, you see the mechanics of prayer, how it works. You can see the range of prayer because prayer is nothing but a thought, and if that thought is mixed, not a mechanical thought because a mechanical thought loses force. It has its own values. But if that thought is mixed with a feeling, feeling of the heart, then that thought becomes powerful, gains power where you actually feel the results of a thing even before it happens. Many people have this experience, many people have this experience. It is not uncommon, but it just comes. At that moment the clouds just disperse a bit, and the sun shines through the chink. The idea is, the idea is to be able to use this consciously. That is the purpose of prayer. So prayer can be used for a useful good purpose, and the same power, the same energy that

constitutes the prayer, can be used for a bad purpose, and that is where your witchcraft comes in. Same energy, same energy engendered, brought about by the force of mind.

Now when we do our meditations, and go to the deeper layers of the mind, and gain greater energy from those subtle layers, the conscious mind has the free will to use those forces in a constructive or destructive manner. But as we go still deeper and deeper to the deeper and deeper, and more subtler and subtler layers of the mind, then those forces can never be used destructively, for it brings with it a light from within which is enlightening, and such a man's action is always in accordance with the laws of nature. He just; you would find a few people in this world that can't do anything wrong. Everything they do is just right. Every thought they think is just right. They think of something today and tomorrow it materialises. How powerful the mind. How beautiful the mind, because even without trying, the conscious mind is so imbued with that subtle power from the deeper levels that any thought he thinks comes to fruition, and such a man could never think badly. Even if he feels angry, that anger is just momentary because he is so much apart from all these negativities. So you see the force of prayer. It's the same, same energy that turns all the wheels in the universe. It's the same power that can be harnessed by man. He has the ability.

Now, the greatest thought one could think. A Sage performed many penances, and he (a God) says, 'Ask a boon, what you want; whatever you desire that shall be yours?' So the Sage thought and thought 'What shall I ask for?' So this God that appeared says, 'Do you want to become the emperor of the world?' You can have that. He says, 'No.' 'Do you want to have certain powers by which anything can be done?' The Sage says, 'No'. And like that so many things were refused. Then he says - that God that came - this is a story from one of the Puranas - then after all that, after all the prodding, the God asks the Sage, 'Now tell me what you want?' The Sage replies, 'O Lord give me more and more power to be devoted to you'. For in that devotion everything else is contained. In that devotion everything is contained. That is the doings of a Sage. We ordinary people have our needs. One problem comes up, that problem is solved, say through prayer. I pray to the Lord, all solved, fine. That's today. Tomorrow another problem. We pray to the Lord, that is solved. Third day, another problem. That is solved. And that Old Man up there is going to think that these people are just coming to see me with problems all the time, every day. When are they going to show me devotion? They only come to me when they need me. Hah? Business. Terrible 'Beezness'. (Laughter). You see.

So what to achieve really in prayer is the ability to devote oneself with that divinity and in that devotion, find the joy and the bliss, the joy and the bliss of Divinity, so that life has no problems at all. That is the secret. Problems will come. The car will have a puncture. Okay. So what? So what you would say. I lose my job, so what, I'll find another. I haven't

got a nice party dress so I can't go to the party, so what. You might have a much nicer time at home with your husband in that closeness, in that love that could flow, you see. So all problems loses its power, and because of that devotion, that power flows within our hearts, our souls, our bodies, our whole existence all the time. So where is there place for any problem? Ah, the ocean also has its problems. Look at those waves, up and down and up and down, and causing all turmoil and this noise, but deep down look at the calmness, no noise, no noise. Like that with everything else, like that with everything else. The beautiful flower grows; the seed is planted. Do you know the explosion that seed goes through, that explosion, before the flower can burst out? That's no problem. It's a joy, it's a joy for the seed to offer itself and transform itself into the beautiful flower.

Where is the problem? There are no such things as problems. There are no such things as problems, and if there are no problems, you don't need to pray. If there are no problems, you don't need to pray. Prayer does not become a need. Prayer becomes a way of living. Do you see the difference? Prayer becomes a way of living, and not a need, to achieve or to have something, because if it becomes a way of life, then problems cease, and life itself is a prayer. True prayer is an offering, and not a demand. True prayer is an offering and not an asking. But people do it the other way round. They don't offer themselves, they don't offer themselves to Divine forces or Divine Power. No, no, no, they don't. They want Divine powers to offer themselves to them. You come down to me. I don't need to come up to you. See that is how things function. That is the tragedy of the world, but it is all part and parcel of the things happening on this planet. This is the stage of evolution that we have to go through, we have to go through, until we reach another level, perhaps on another plane. We'll see you there around. That is what prayer is all about. Those are the mechanics of prayer. That is what prayer can achieve. That is how the calmness of mind can be attained. That is how devotion can be developed. That is how needs can be lessened. That is how life can become purposeful, and the purposefulness of life is a purpose in itself because life itself becomes an offering, an offering. And that is a prayer. Okay?

Nine forty nine. Will someone remind me of some function tonight? I do not know how this happens all the time with these people. I was thinking of water, here comes water. Ah, thank you. Water is one of the basic elements of this whole Universe. Five elements, ether, earth, fire, water, air. Good.

Do we have the time for another question, because someone was talking about a birthday party? Yah. Yah. It's up to you. I am at your disposal, any time. Okay. What was it about the moon, sorry?

Questioner. It was just that at the Arcane school, people in particular at the time of the full moon, they do a special meditation to kind of invoke energies which are supposed to be flowing into the earth at that particular time, three particular ones I think, Gemini, and two other I can't remember the other ones.

Gururaj. In Germany.

Questioner. In Gemini.

Gururaj. Gemini.

Questioner. Gemini. Full moon. And some big Taras and some other ones.

Gururaj. Okay. Now of course this has a lot to do with astrology. Amrit and I have been discussing this many, many times that astrology is as good as the astrologer. Now certain laws, perhaps a very small percentage of the hocus pocus is necessary, but the rest depends on man's own intuition. I do not advocate a person delving into astrology, I do not advocate that. The reason being this, that they become dependent because of insecurity. Do you know the daily newspapers? There are a very vast percentage of people, that the first page that they would open would be the astrology page, fortune telling page, Aries, Aquarius, Sagittarius (etc.). They would open that and they would say, 'Oh, what is my day going to be like today?' Fine. There are people who are supposed to be sensible people, people in top government positions that have a professional astrologer that guides them and tells them. And this is not only something that is happening today. This happened in ancient times when all these Kings of the East that would never perform or do anything without consulting the astrologer. Even today among Eastern peoples, they would not contract a marriage until the Astrologer is called in, and from his Almanac he'll work out the time table that this boy and this girl must be married on this particular time. And then the marriage will be successful. Look at the dependency on other forces. Why not the dependency on inner forces?

Now there might be some truths in astrology. There might be some truths. But if a person relies more on one's own intuitive powers by reaching the levels of the mind through our meditational practices, greater answers, deeper answers, truer answers can be received. I can show you of many instances where so much harm has been done through these various practices, through these various so called occult sciences where a person has been told that from such a date to such a date something not too good is going to happen. That very thought played so much on the person's mind that that

person attracted so much negativity to himself, and became nearly half demented, because some astrologer said some such thing. It is science for the enlightened man. It is a science for a person who might be near enlightenment. But what happens today is this that every Tom, Dick and Harry, who is so insecure in his own life, so insecure in his own life, so emotionally unbalanced within himself, he studies half a dozen books on astrology, written by others that don't know their onions and potatoes either, and he starts off in business, 'Mr So and So, Astrologer'.

When the Bible says, when the Bible says, 'Do not worship false Gods', those are the gods that are false. Those are the gods that are false that you rely on the various elements of relativity, the sun, the moon, the stars or whatever. You rely on those elements instead of relying and surrendering to something which is far greater and beyond that all, and yet astrology itself if properly understood could interpret the workings. You know, the workings of the moon influences the tide in the ocean. There are many things; laws of nature work in conjunction with each other throughout the entire Universe. I said this before over and over again that there is not a single atom that can exist on its own. It is tied up and connected to other atoms throughout the whole Universe, so that it is one complete whole. You disturb the water on this side of the sea, and that very current will affect the other shore, some very fine way. Now that is very true. Everything has a connection. The position of stars at the time of a person's birth has some connection, definitely, because everything is connected, and interconnected. But who is qualified enough to interpret that? When the moon is full, that's another story, - some people become mad, yes. Certain powers are set forth that affect in such a way where their mental energies are disturbed. Why does that come about? Is that created by the man's mind or is that created by the moon? And if the connection between the man and the moon was so powerful - Armstrong must have got really mad when he put his foot on the moon. See.

So, so there is nothing wrong with astrology if it is properly understood. And the best way to understand the workings of the Universe is to be able dive within oneself, and without any logical reasoning or any working of charts and all kinds of squiggles, one just knows and feels inside that this is right, and we just automatically act accordingly. Many people consult astrological charts because of their insecurity. They want some reassurance. 'Will I be?' How many letters don't I get asking that? Will I be a rich man? Will I meet my wife that is to be? Is there someone like that floating around somewhere? Will I pass my examination? Will I become a master of astrology or science or whatever. Wishful thinking. Diving into the future unnecessarily. Work, that is the answer. Seek and thou shalt find. Knock and the door shall be opened. These are laws of theology, of every religion, so simple, so beautiful that tell you live a good life, the rewards will come of their own. Why rely on the moon, and the sun, and the stars and all these occult things? Why rely on them? Is it really necessary or is it just to feed our own particular insecurity?

Now we do not deny that are forces at work, that there are certain truths operating. How is it going to help you to know of those things? If the saying is true that forewarned is forearmed, if that saying is true, then it could apply in the reverse way, where many people have been forewarned so falsely that their lives have been made a mess of - that had worked on the psychology of their minds and put them in a real turmoil. Forewarned is to be forearmed is a good maxim but that forewarning must come from our personal experience. We must study the direction that we are proceeding on, and not rely on fortune telling. That is what astrology has amounted to, and that is how it has been interpreted as, and not the ancient science where the Seers could go into deep Samadhi, and know the entire Universe within themselves. And yet they would not give forecasts. They will not forecast. They will never forecast doom. And if we study the world's literature, and I am speaking especially from the Eastern point of view, they will not forecast the doom so that people's minds could wrongly influenced.

So there has been a lot of misinterpretation everywhere, and because of these misinterpretations, a lot of people go through a lot of suffering. Instead of believing in astrology, believe in God. That is best, always. Okay.

Questioner. (Inaudible) doesn't have much to do with astrology itself. It is just because there are higher beings are sending some kind of energy and many people that are working in this level are getting this energy to send that energy to people.

Gururaj. Lovely, would you like to give us a talk on that tomorrow, Bevi. I'd love to know about it. It should be nice if you could give us a little talk on that; how these higher beings function, and how,

Questioner (Inaudible)

Gururaj. It would interesting for us all to know about these higher beings that are sending us energies. How do we know they are higher beings or they are lower beings?

Questioner. I don't know that.

Gururaj. The highest being is God. We go direct to him. But if any more light could be shed on the subject, I would love to hear about it. Say, whenever you are ready, give us a little talk on it. It would be interesting, I am sure. Good and fine.

Let us assume, for a moment that there are higher beings, and a lot of people are receiving energy from those entities. Now how do we judge that those persons are receiving energies from those entities? How do we judge that? We judge that upon one factor only, how stable is the person that is receiving those energies? If that person is totally balanced, well balanced well integrated, then the energies are coming from somewhere, okay, or perhaps generated within himself. But when people rely on other beings in other worlds, and they say energies are coming to them, and their daily lives are seen to be unbalanced, not integrated, full of turmoils, full of sufferings, then where is the sense? We're waiting for the cake. Where is the sense? So it is best to dive deep within and find the Real Inner Self that is happiness producing, and that is self integrating, always, always.

END