

Gururaj. This greeting means for those that have come for the first time, it means that in thought word and deed I salute the Divinity within you, for you are all divine, children of divinity, born of divinity, and forever divine, divine, divine. Why you don't recognise this divinity within you is such a puzzle to me. What comes in between is the machinations of your minds, swirling as and twirling in a whirlpool and forgetting the reality of yourself.

Let's do our first before we start the lecture. Vidya, yeah light the candles and the incense sticks.

(Gururaj starts chanting the following)

Jai Ram, Jai Ram, Jai Jai Ram,
Jai Ram, Jai Ram Jai.Jai Ram,
Jai Ram, Jai Ram, Jai Jai Ram,
Jai Ram, Jai Ram Jai.Jai Ram,
Ishvara, Allah, Christos, deyranam,
Jai Ram, Jai Ram, Jai Jai Ram.

Jai Ram, Jai Ram, Jai Jai Ram,
Jai Ram, Jai Ram, Jai Jai Ram,
Jai Ram, Jai Ram, Jai Jai Ram,
Jai Ram, Jai Ram, Jai Jai Ram,
Jai Ram, Jai Ram, Jai, Jai, Ram.

For those that have come for the first time, it means that we know our Lord, there's only one Lord. Some call him by Ishvara, some by Allah, some by Christos. There is only one God, one Divine energy and yet we call It by different names, don't we? And it is the differentiation of names that creates so much confusion in the world. Once people start realising that there is only one God and we are lead to that Divinity within us, that Kingdom of heaven within us. What more do you want? What greater wealth could you possess? What is far greater than to come to that realisation that you are Divine and the Kingdom of Heaven is within. 'Seek ye first the Kingdom of Heaven within and all else shall be added unto thee'. They tell you to believe this. I tell you do not believe because belief is a concept of the mind. Go beyond the concepts of the mind and experience that Divinity within and when you experience that Divinity within, you do not believe in God anymore, you become a living God. For God is not to be believed in, but God is to be lived. You start from belief, start from wherever you are. If you are in Vancouver, start from Vancouver to go to New York. You can't go to New York without going through Vancouver - my plane flies from there. So let me start where I am in belief but let the belief become

faith through experience that you could have in you, that you are forever there you not you little you John, Jack, Gene, James, no. You are forever there every cell of my body millions of them are permeated by that energy, by that Divinity. What more do you want in life? You are seeking for peace and happiness. We sit in our chapels, we sit in our churches, we sit on our mosques and synagogues and we bargain, oh God give me peace, oh God give me this, oh God give me that. Don't work that way become it, it, it and I have said to you throughout this week that it is not He and neither She, it's a neutral force, that force of Divine energy that permeates everything that flows through these hands of mine, that flow through this heart of mine, that flows through these weak limbs of mine, for He is ever there. And that when you find that that is ever there you will know what self realisation is, what God realisation is. But I am not going to be impatient. Lead thou me on kind light, one step at a time. Ah kindly light that is the secret, not leading me on but the kindly light is the secret, because that light is forever kindly but you do not want to recognise the kindness of that which is so kind, keeping you breathing and alive. That is life. Otherwise you are not living my children, you are not living, you're just passing time. You are just existing but when you feel the glow of the light within you - my glasses love? Thank you. I wouldn't know what to do without her. It's a Sanskrit prayer which is very universal translated into Latin and English and everything. I would prefer to do it in Sanskrit if you would permit me because that is the mother of all languages,

Aum (Gururaj chants in Sanskrit)

My children that are to be initiated tonight I would like them to be here, shift this table back, come young men. Private. Come. Have you announced the names, Vidya?

Vidya.(Inaudible)

Gururaj. (Chants in Sanskrit)

Don't sit so far from me, come closer come closer my children, come closer. There.

Gururaj continues to chant in Sanskrit. Ends with Aum Shanti, Shanti, Shanti, Shanti, Shanti, Shanti, Shanti.

My beloved Jean your spiritual name is Gumman which means a pleasant and disposition. Suman your spiritual name is Sumati, of pure mind and will from Guraven. Mike, your spiritual name is Ghirish, Lord of the mountains or Shiva. Carlin,

Carlin, been together for so many, many lifetimes Your spiritual name is Karuna which means kindness and sympathy to all. Karuna, Karuna, that which gives the love and the sympathy and the feeling to everyone. Karuna my darling, bless you always. Risenji your spiritual name is Bhaktiananda, Bhakti means devotion and he who finds Ananda, bliss in devotion, blessed be he, from Gururaj. Ah my daughter Barbara, your spiritual name is Bina. Bina is the world's oldest instrument. Bina means melody, harmony. May your life always be in harmony with your family, your husband, your children, your entirety with the world. Bina, I love you from Gururaj. Good. Little gifts I have. Sumatibin a gift for you, Ghirish a little gift from me to you, Gumman a little gift to you, Karuna - I only had five envelopes, the other one I wrapped in paper. Bhaktiananda and this is to my Bina. God bless you. Are we done with our ceremonies now? Good. Fine. Let's all go sit down.

Well as you know I am leaving tomorrow morning. So what would you like me to talk about tonight? Ah yes. Chetanji.

All the pictures we have seen of Jesus as only been artists' impressions of what Jesus looked like, looked like. I lived in that body, I lived in the body of Buddha, I lived in the body of Christ and Krishna and yet since I was a small child, I could see Krishna there with me all the time and Christ. The western world understands more of Christ than of Krishna but none of you have really seen what Christ really looked like. So in America once about two years ago, three years ago, two years ago, I got hold of what's his name?

Voice.(Inaudible)

Gururaj He was a man that trained people in that what you call it Identikit, Identikit, is that what you call it here? So I spent about four or five hours with him and identikit is worked in such a way first time I came across it, you know they have a million eyebrows there and cheeks and bones and this and that and that and that. And then from that we made a composition which was fairly accurate what Jesus looked like. And then after that we were very fortunate to get a very good artist to take that composite picture, the identikit picture and this artist did the drawing, the picture of Jesus. And today because of you being my such beloveds, I wanted this to be shown only after I am dead when I leave this body. I never die you know that but I wanted to show you what Jesus really looked like. Will you pass it around Chetanji, can I leave that to you? Do not touch the - you know how to do things. Okay. This is what Jesus really looked like. So while you are doing that I will go and visit my Grandmother.

Shall we meditate for a minute or two to settle down. I think it would be nice.

Aum Shanti, Shanti, Shanti. All of you together, Aum Shanti, Shanti, Shanti. It means for those that come for the first time, it means let there be peace, peace to all. Good. What shall we talk about tonight?

Questioner.talk about..... (Inaudible)

Gururaj. Very good question. Any more I could handle six questions at a time, a dozen.

Questioner. (Inaudible)

Gururaj. Very good. Next.

Questioner. What is friendship? What's in a name? Forgiveness.

Wonderful

Questioner. Please speak about being. Good.

Gururaj. Being is beingness. Beingness is to be. Most people in their lives imagine themselves to be what they wish to imagine but they never are, and they do not recognise that being which they are. For once the recognition of being comes into one's life, that realisation comes then you just are. No pretences, no wiles, no guiles, nothing, you just are. That is beingness, that is being. Now to be is to give. You are totally incapable of forgiving. You cannot forgive because that precedes the giving. Give, do not forgive, just give and the forgiveness would just disappear. For what is there to forgive? Who are you to forgive anything or anyone. Only He gives and never forgives, for the word for negates the very essence of giving and when you give of yourself, you find that friendship that is so close. Friendship does not depend upon what he could give or she could give. Friendship depends upon oneself. I am your friend and that is all which I am concerned about. And may I always pray for that ship which I could call a friend to take me across the waters of life.

So relationships and friendships begin with one's self. For nothing else exists in this world for you until you have transcended your mind because your mind is filled with attachments and only when you reach the stage of the Impersonal would all these attachments disappear and melt away. And then you will experience yourself as that eternal consciousness, and that eternal consciousness never changes. It is the doubting mind that asks these questions and we

do need Doubting Thomases in this world, otherwise this world will not go around. And the more you doubt the more will your world go round and round and round and around because you have not experienced God and when you experience that Divinity, all doubts disappear for there is only one consciousness, one consciousness only that permeates everyone and more so expressed through the body of a Buddha or a Krishna or a Christ that has experienced the totality of consciousness. I have said this to you at other places I have done thousands of lectures can't remember where I spoke what. But the consciousness is one, there is only one consciousness. There can never be two consciousnesses and that consciousness is permeating each and every one sitting here. Call it Krishna consciousness, Buddha consciousness, Christ consciousness or whatever consciousness. It depends how much your mind has been opened. The ordinary person to repeat to you again and again uses to five to eight percent of his consciousness while billions of cells are lying dormant, dead, sleeping, unawakened.

So the questioner that questions is dead, sleeping and without any knowledge of consciousness. For if you have the consciousness of the Spiritual Master the question would just evaporate. There would be a recognition where your consciousness would combine with the consciousness of the Master. How can you combine your consciousness with Krishna's consciousness or Christ's consciousness or with Buddha's consciousness if you are grovelling there in mud and that consciousness is so high, so beyond you that you cannot grasp it for the moment. But please remember it is not impossible. It is there. You have it within you in totality and the more troubled your mind is, the more doubtful you become of that consciousness. Less would you recognise that Divine consciousness that permeates through every pore, every cell of a Spiritual Master. Whose fault is it? If I am jaundiced I will see everything yellow. Is everything yellow around me? It is not. It is my eyes that are jaundiced that makes me see everything yellow, everything in its negative sense. Everything is rubbish, rubbish.

So through Spiritual Practices you rise above your small little conceptions. I don't ask you to believe me. I ask you to doubt, always. I have never in thousands and thousands of talks round the world asked anyone to believe me but I have asked one thing, experience yourself then you will experience that consciousness which is your birthright. You are a child of the Divine, you are Divine, you are it all but when the mental faculties gets mixed up, when there is no synaptic control between the left hemisphere of the brain and the right hemisphere of the brain, you get into this muddle and what is the muddle? Your own mind. Your own mind is in a muddle that does not make you realise that consciousness. And I promise you one thing here and now that if Christ or Krishna or Buddha should walk down the road you would pass him by and not recognise him because you haven't got that consciousness to recognise that Christ or that Buddha or that Krishna.

So through Spiritual Practices, through meditation, through prayers, you heighten yourself. Now what do you mean by heightening yourself? You, through your practices reach a higher vibratory state that could conjoin, enjoin in the confluence of those rivers that meet, the river of a heightened consciousness of Christ and your consciousness also heightens itself to the level where there is this conference and then you are Christ, you are Buddha, you are Divinity, you are it all. And when that realisation dawns through experience and not by mental antagonisms, mental turmoils, mental turbulences then find that deep peace within for which everyone seeks. There will never ever be peace in the mind. Forget it, there will always be conflicts. One thought will pull this way and another thought will pull that way and these things happen all the time. Now what do you do about it?

You create a balance, a balance and integration of body, mind and spirit, not fragmentation because that is where people live in, fragmentation and not integration. Because when you are integrated within yourself, the question of Divinity could never arise because you feel within yourself that you are Divine. And when you realise your own Divinity within yourself, you will see the Divinity everywhere, in these lovely trees with this wonderful symphony, the wind blowing through it, the grass swaying in such an ecstatic dance. You lie in bed with your husband in that beautiful embrace, that closeness but you're only conscious of that closeness, body to body and mind to mind. That is not consciousness. That is limited consciousness but when you are together with your wife and your husband everything is forgotten. John is not there, Mary is not there, only the consciousness remains of the eternity, the eternal self that is within all. But you go to bed, what the hell do you do? You caress her and she caresses you and blah, blah, blah and I don't know what they do in bed.

Now where is your consciousness placed? Your consciousness is placed upon your bodily functions and your consciousness is placed in the mind which influences the bodily functions. Now when you go beyond all this and transcend the mind and the body, you reach that stage of impersonality. The Impersonal God where I do not exist, you do not exist, only the impersonal God exists. And what is the Impersonal God? You want to know, really, do you want to know? It's nothing, absolute nothing, just an energy and that energy has to manifest itself. A flower as I said many times before has to give off fragrance. Fire has to give off heat. It is the nature of the unmanifest to manifest itself so that this universe could function. And how does it start? It does not start from will, because will requires a mind and God is mindless. That Impersonal God is mindless, just an energy which you with your free will could use whichever way you want to.

So from the emanation that comes from the Manifestor, like heat coming from a fire, it takes form, it solidifies through various atomic and molecular processes and this solidification multiplying itself, duplicating itself, replicating itself and meeting with so many other forces from the first cycle of this creation. For creation moves in cycles. From manifestation, remember this comes creation. Because these forces that are involved from the Big Bang when this universe started, they started mixing each other in various forms and ways and that is how evolution started right from the mineral, to the plant, to the animal, and to you who call yourself human beings. I said somewhere the other day I don't know where, human beings, beans (Laughter) b e a n s, beans, senseless, totally damn senseless. Yet within the being there is the same molecular structure, there's the same force, the same energy that is within that Impersonal God.

So the Impersonal God personifies himself for the purpose of creation. So first there is manifestation. Manifestation starts with the subtle force of mind and that subtle force of mind in conjunction with its own ramifications concretises itself and that forms creation. And then in the process of creation through evolution, it goes through all those various phases and stages to make you what you are today. There are not two people here in this room that is alike, like finger prints there are no two finger prints alike. You are going to manicure my nails tomorrow. There are no two people in this world that are alike because everyone has gone through different stages of development into becoming the beings that they are. Red beans, yellow beans - tell me some more, green beans, baby beans, black beans, jelly beans (Laughter) and jelly beans. That's the greatest truth you have ever spoken in your life because those that call themselves human beings are nothing else but jelly beans. Now a jelly bean can be turned and twisted and can be made into so many shapes. And that's what we are doing, aren't we? Today we're happy, tomorrow unhappy, next day we are doing this and the following day we are doing this, jelly, jelly, jelly, jelly, jelly, jelly. I wish I could take you all and put you in a deep refrigerator and freeze you up so you don't (laughter) Ah yes.

So to recognise the Christ consciousness of a person requires the qualification of being Christ conscious oneself. If you are not there, you are floundering around. You want instant answers but you are not prepared to work for it. How can it come? If you want to cook a pot of food, supper for me tonight, look at the trouble you have to go to. You peel the carrots, you boil the carrots, you do the beans (Laughter) you cut up this, you cut up that, you cut up that, right, right, you mix it and you put in all your oils and spices and I don't know what happens. I only know how to eat, I don't know how to make things. Preparation and yet funny enough these lovely, lovely, lovely ladies spend hours and hours and hours preparing a meal and we men sit down and gobble it up in ten minutes. Am I right? Yes. We don't seem to realise or appreciate - look at the effort that went into all this to prepare that dinner, that plate of food. We don't seem to realise that, do we? We just sit down and gobble up. Of course I am not talking of Parker over there, he's a master cook. And I tell

you why he is a master cook because if he doesn't cook his wife kicks his backside. (Laughter). Yes. You see what life is all about. Life is a process that all goes through and the more you become united to yourself, to the Kingdom of Heaven within, would the process of life become more and more easier. Isn't that what you want? And to make the process of life more and more easier, more and more happiness comes. People talk of disease, there is no such thing as disease - there is dis-ease. (Gururaj speaks in Hindi) Translate that to them. What that meant was this that you will understand every word I say to you, not the words alone that's not so important but the heart and the heart blending there in that understanding which goes beyond words. That is communication. That is being combined to that consciousness that is reaching the Impersonal when the personality disappears, the ego is lost - I think I spoke about that this week. The Inness is gone, the mindness is gone and then you are in the Impersonal.

I can sit here and talk to you in fourteen or fifteen languages, I know them all, right. It's just a pity I never have time to study more. Actually Chetanji is going to teach me Spanish one day. Fine. I could sit here now and not say a word. Think of any problem you have in your mind, come on, think of any problem you have in your mind now, close your eyes if you want to, keep them open if you want to. It's entirely up to you. Think of any problem you have in your mind, any problem you have in your mind and within five minutes you will find the solution within yourself in five minutes. Think of the problem for one or two minutes and just be quiet and I shall go into meditation.

Aum Shanti, Shanti, Shanti. Namaste. Have you thought of any problem you had in mind, has it been resolved? Put up your hands, don't be shy, quite a number. Yeh.

Now when you start meditating and become a meditator, you will find that you just need to sit down for one minute, mull over the problem and the answer will dawn and the reason is so simple. It's so simple that it sounds ridiculous that the problem that you are going through is on the small surface conscious level of the mind. Now when you meditate and do your Spiritual Practices you're diving deeper within yourself and that depth that is there within yourself, brings forth the solution to the problem. Do you understand me, sister? You should. Thanks for joining us this lovely night. We should end up now, it's ten. My Prayer Book.

(Gururaj talking in foreign language) We make do with anything. There is another big candle there, a small glass candle. How to wave the light to the Lord because He is light. We should really have had a nice tray or something.

Gururaj Chants in Sanskrit.

Thank you. This Hymn I will give you a brief explanation. Jai means hail, gagadis, the owner, the creator, the preserver of the universe I bow to thee, bhakt Those that are devoted to you, you take their troubles away in a second. Gururaj chants in Sanskrit and explains it. Whatever you would desire He will provide for you, He will take all your problems and troubles away from your mind. You will have health, wealth and happiness in your home and all the the sufferings of your life will go. You are my mother and father who shall I go to except to my mother and father? Without you there's nothing else. What else can I hope for? You are the totality, the para matma , pura para matma, totality of the God-head and at the same time you are that which resides in me. You are beyond it all and yet remain as the Personal God and you are the Master of all. You are karuna you are the ocean of mercy and kindness, karuna, the ocean of mercy and kindness. You are the one that supports me. I am a child so ignorant,..... have mercy on me. Give me your mercy so that I could emerge from ignorance to knowledge and then I will not question what consciousness you are. You are that force, that essence, that power, the Lord of all Prana, all creature,s all existing beings. How can I need you my Lord when my mind is so small that I don't have a consciousness. You are a friend of me, this little me, you are the taker away of my troubles and sorrows. You are my protector. You're Karuna, your mercy I need so much. Take away these evil filthy thoughts from my mind. Take my sins away. That means Lord, take my sins away. Increase in me the love and the faith for you my Lord and this is the prayer of your little child. This is Bhakti yoga.

This is for the starter that only know of the I and the Thou, until you reach the stage where I and Thou are one. Jesus preached as I told you the story before that to the peasants that could not understand, he said 'Believe in Thy Father in Heaven', That's what they needed and those that could understand more he said 'God is like the trunk of a tree and you are the branches and leaves of that tree'. Qualified non-dualism. But those that understood Him and I spoke those words myself and those that could really understand Him said 'I and my Father are one'. If you want to see the Father for whom will you only realise the Father. Krishna said the same thing in the Bhagagita if you have read it. No one goes to God except through me. It means to reach the level of consciousness of Krishna or of Christ or of Buddha and only when you reach that level of consciousness that you can become one with the Father. Otherwise you are wasting your time. It's like going to see a magicians show there on the stage a man makes a car disappear or the elephant disappear and it seems so, so real and yet it is so, so false. You know that. But to experience Divinity, and the only way you could experience Divinity is through Meditation, Prayer and Spiritual Practices given to you by a true Spiritual Master that knows his job that has travelled the path, that knows the pitfalls. And yet the true Spiritual Master will never let you stumble or fall. He will hold your hand, he will not shine the light upon you, he shines the light upon the

path so that you could never tumble and fall. He is like a railing on a steep stoop - is that what you call it here? You can't fall off those steps, there is a railing and you hold onto it and climb up. That is a true Spiritual Master. How many people can recognise? How many people can know? So who cares, who cares about that? The gardener will go on planting his seeds, some will fall on fertile ground and germinate. Some on barren ground that won't and some on the rocks so that the birds could enjoy them. That is a true Spiritual Master.

I had one experience this evening which I am not disturbed about at all because this happens to me, my whole life through. A woman spent thirty five minutes with me, forty minutes actually right discussing her problems and she leaves and she has to go to a Psychiatrist and yet Psychiatrists come and consult me about problems that they have with their patients, Psychiatrists, Psychologists, cardiologists, heart surgeons, brain surgeons, when they have problems they call me up and its all documented. And yet they would go to a Psychiatrist and pay one hundred dollars for half an hour's consultation, yet this woman who came out glowing and happy put two dollars in my begging bowl. That's the kind of people we have in this world. Thank you very much.

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