## CAPE COD PUBLIC TALK RAPID FIRE

VOICE: .... [inaudible]

GURURAJ: I can quote you from Mahatma Gandhi. He said be totally non violent. But non violence does not imply that if somebody usurps your right to live that you must accept it lying down. Now, this is not a matter of conflict, this is a matter of human dignity, and how that human dignity could be preserved in adverse circumstances. I have been involved in these things, and through negotiation a lot of changes are taking place. In South Africa, for instance, where certain of the Apartheid laws are slowly being abolished.

But South Africa gets great support in its Apartheid policies from you Americans and English because of vested interests. America would not have a single piece of chromium if it was not imported from South Africa. South Africa produces 90 odd percent of the world's chromium. It produces uranium which you need in your atom bombs and hydrogen bombs. It produces manganese, plutonium, it produces three quarters of the world's gold and about three quarters of the world's diamonds.

So because of this economic nonsense they are not being stopped. The major powers in the world such as America, England, France, West Germany could very easily put a stop to this Apartheid policy by stopping trade. But because of vested interests and economic needs, there is a lot of surface talk but nothing really tangible has been done. I remember on one occasion when I addressed the UNO, this same subject came up and I told them this.

So this whole world is governed by need and greed at the sacrifice of human dignity. And just because of your color you are discriminated against. You might be their spiritual superior, economically you might be their superior, intellectually you might be their superior. But all these disparities continue in South Africa because the minority, the white minority, wants to rule. The population there is 28 million black and four million white. So how can four million white rule the 28 million black? There's only one way: by not giving them the vote. By creating separate areas "group areas" we call them there by creating the "immorality act" where two people of different races can love each other very much but one being white and the other being non white, they cannot marry. He can take a walk down a road with a non white girl and you stand a chance of being arrested. These are the injustices that we are suffering.

But do not think that we are taking it laying down. We are fighting against it in a very passive non violent way. But then again there's a law we have there. It's called the "180 Day" law. So you say one word against the government and you get locked up without trial. Without trial. And after 180 days, six months later, you get released and you turn the corner and another warrant is slapped up upon you. And you go back for another six months. And like that you can be

incarcerated indefinitely. But the pressures are so much today that changes are coming. The present government of South Africa are trying very hard, although they have conflicts within their own party, the ruling party, some are still very apartheid minded, and some, especially in the academic circles, have become very liberal minded. And there are visible changes. But we are not satisfied with the petty surface changes. We want one vote for one man. There is a danger there, though. It cannot be done immediately. If you study the history of Africa, wherever changes have occurred where ruling has been given over to the other side there has been bloodshed all along. So I do not only appeal to the ruling white, but also to the non white. That although you have gone through suppression and could not have uplifted yourselves, now try, gain as much education and awareness as possible, whereby you do not need to approach them with hat in hand. You approach them as your equal. I get invited to many of these conventions to speak. And I go and speak. But you have to be very careful. Otherwise you won't see your guru around here, he'll be rotting away in jail. So, but one thing is for sure, that they are trying to find a solution. But the solution would be such where they still remain the ruling power. That we don't want. Many things I've worked on which have been successful through the grace of the Almighty. And let it be more and more successful. OK.

VOICE: ... want to know what our feelings are. Should we be passive toward this situation.

GURURAJ: The people outside the country or inside the country?

DIFFERENT FOREIGN VOICE: It is I who discussed this during [???] and I was visiting [????]. My question was not specifically of South Africa. My question was a general question. Namely, when we see these injustices being perpetrated. [You take?] the attitude that everything is right. Then how do we act [???]? South Africa was only an example. There are situations around the world which imply injustices being perpetrated. We must do something about it. What point can we approach it?

GURURAJ: You cannot approach it from the standpoint of violence. It has never been successful where violence was involved. Millions of people get killed unnecessarily. The standpoint should be passive resistance through non violence, through a form of non cooperation. And, these things could come right.

But this has happened in history all the time. Where Israel, for example, suffered under Roman tyranny. Many other countries where the majority has been ruled by the minority has happened. It would be wrong to say, "pick up the sword."

It would be wrong to have a revolution. What we need is evolution. Where there's a greater expansion of consciousness, where the oneness of all humanity could be realized. But that is idealism; that is the ideal. But for the present moment there is this suffering, there is this insult to human dignity for which thinking people do feel very sorry. Revolutionaries have never cured the world from evils. You had revolutionaries and revolutionaries and revolutionaries. So my standpoint is, love thine enemy. It's easy to love a friend, but more difficult to love an enemy. And after all, are they real enemies. They are governed by their own greed, by their own little ego selves, for the preservation of power. And it is difficult to snatch power away from someone just like that.

India got its independence not because it fought for independence. That 60, 70 year struggle was nothing compared. India got its independence because it was given as a gift. Churchill said that the British Empire lost its most precious jewel. Thanks to [Atley?] and the Labor Party it was a gift. Yes. Next.

VOICE: Gururaj, still in the political arena....

GURURAJ: Oh! Talk of philosophy.

SAME VOICE: But switching to the spiritual alternative, what is your attitude about the so called godless societies, the Communist Bloc, where atheism is preached and spiritual freedom is denied?

GURURAJ: There is never an atheist in this world. There is always a theist. Not an atheist. As long as you believe in something you are a theist. What you call spiritual they might call material. What you call material, I call spiritual. For there is no differentiation. And communism is a farce because in Russia you will find more capitalism, more bureaucracy, autocracy and all those things than anywhere else in the world. Here in America you boast of democracy. There is no democracy, really. It's a misnomer. There could never ever be democracy in this world. There could never be democracy because you'll always have the few ruling the many. And yet outwardly it would seem the people elected those few. Great big publicity, lots of promises. Vain words. But they do what they like to gain power, not service. You see. So this will remain, it will remain. Next.

JAMMU: A subject of endless speculation in the world is the true purpose and use of the great pyramids. It's my understanding that you visited them at one point, and perhaps you could tell us what they were really used for.

GURURAJ: The pyramids were not built by the Egyptians, firstly. Before Atlantis was sunk, because of this vast explosion produced by this crystal power far far more greater than the hydrogen or the atomic bomb, a certain amount of people migrated, immigrated to Egypt, and they built this pyramid. This pyramid is more, especially the one in [Giza?], the big one, is more of an observatory. If you multiply its height by its breadth you'd find the exact distance from the tip to the sun. It is very scientifically based. People think it was just built as a tomb for pharaohs, but really it is not a tomb. It was an observatory through which, through mathematical calculations, they enhanced and created new thoughts in astronomy. And those people of Atlantis were far far more advanced that what we are today. I think during this week we spoke about cycles. And that was a cycle when people reached a certain height. And then the cycle had a downward turn and now it is turning again upward. I had experiences.... There's a great spiritual force, a magnetic force, and when I went to Egypt I hired a guide who happened to be a Bachelor of Architecture. So discussing various architectures with him and I meditated in the big pyramid of [Giza?]. And this man was shocked and astounded that while meditating I just levitated up physically. So there is this magnetic force. So in the end after he showed me around for four days he wouldn't charge me his charges, I had to push it on to him. So it does generate a great spiritual force or a magnetic force, if we wish to call it that. And those large blocks of stone, some of them weighing 20,000 tons, moved from a distance, how technologically were they not advanced. Some have the theory that they had a kind of wind cushion which carried them across. And we have that in Japan, for example, where trains run on a kind of a wind cushion at great speeds. It's not an impossibility. You see. And we cannot say that the world has reached the highest pinnacle as far as technology is concerned. If you study the Ramayana and Mahabharata, ancient Indian scriptures written 5000 odd years ago, if not more, because just it was carried down by word of mouth and then later recorded. But therein you'll find theories of nuclear warfare. You'll find theories of nuclear energy, jet propulsion.

All this was there. And then civilization took a downward turn and now we are surging up again. But we are surging up again very very dangerously. What we need today is not only mind development so much, although it is very necessary, but also the opening of the heart. And when the heart is opened, all the technological knowledge that has been gained will be used beneficially and not destructively. We need that and that is the purpose of our international foundation: to open the hearts of man so he can love. And when you have love you do not destroy. Ok. Next.

VOICE: I have a very practical question...

GURURAJ: Let us judge that [laughter].

SAME VOICE: Well, sometimes when I'm in the office, there's a lot of malicious gossip going around the four or five people that are in the office, I find myself stuck in the middle not wanting to participate, and yet kind of judging them for the judgments that they're throwing on other people that work in the company. And I realize also that that's wrong. But I'm judging them for judging others. And I'm real confused as to what to do at that moment in time when I'm in the office and all this weird talk is going on....

GURURAJ: It's very simple. Just jump off the boat. Because you are blaming them for gossip, and you're blaming them for judging, and yet you are indulging in the same thing: judging. Why not avoid such company. If you see a lot of thorns on your path you're not going to walk over them, you choose another path. That's the way. Why indulge? If you touch wet paint, naturally you'll get it on your hands. So why... avoid the wet paint. And funny enough when there's a sign up "wet paint," people are curious enough to go up and touch it [Laughter]. Yes. Everything goes by degrees. Students in this college, for example, say we even graduate by degrees [Laughter].

You know, the husband was saying to his wife that the only language that is international is money, and money talks. So the wife says, "Please leave some at home, because I feel so lonely. No one to talk to." [Laughter]. Questions?

This chap got married just about a month ago. And after he got married he went back to the marriage officer and he says, "Did you give me a marriage license?" So the marriage officer says, "Yes," so he says, "Then why am I living a dog's life?" [Laughter] Was it a marriage license or a dog's license.

You know, women always have cures for everything. With respect to all my sisters here. This man broke his ankle, and he was limping around for two weeks. And he goes to the doctor and he says, "Your ankle is badly fractured. Why didn't you come and see me?" He says, "My wife did not allow me to come and see you. And whenever I wanted to come and see you she said, "You troubles will be over if you stop smoking." [Laughter] Questions?

Oh yes, and then of course this other wife [Laughter] went to a shop and she says, "I want to buy a birthday present for my husband." So the shop attendant asks, "How long are you married?" So she says, "Fifteen years." So she says "Madam, I'd advise you to go down to the basement to the bargain counter." [Laughter]

VOICE: Guruji, could you please ... I...

GURURAJ: Make it in one sentence [laughter].

SAME VOICE: Ok, about darshan, you sometimes hear people describing they check out different gurus and they say that this guru's darshan has like a different quality or different flavor from this one's, you know, and....

GURURAJ: Oh, it has flavor too?

SAME VOICE: It seems like... they say this one's harsh, and this one's sweet.... Anyway, and I've also heard darshan described as a material substance. And I wonder if you could explain what is darshan and how does it differ from shakti? They've got two names, so there must be a difference. Yes?

GURURAJ: Yes, there's a difference. You're right. Next question. [He laughs, they laugh]. Darshan means "to be in the presence of." And a true spiritual master forever emanates a spiritual force which we call shakti. And being in the presence of a spiritual master, which is darshan, you get bathed in the shakti he emanates. So there is another qualification to that. You must be a receptacle for the shakti. Vivekananda would say that the seed must be good and strong and the field too must be will tilled. Or else the strongest seed will not grow in an untilled, fertile field. But it has its effect. Sometimes it has a delayed reaction.

I know Buddha many times he would have all his followers around him and he would not say a word. He will just sit in silence and whatever thoughts crop up in the mind of his followers would be solved, would be answered, and they leave uplifted. Because they had the love and the devotion for Buddha. And with love and devotion you neutralize your mind. Your mind becomes unbiased. A person that loves his mind is not biased. His mind is an open mind. And when the mind is opened, then you become receptive to the shakti that emanates from the guru while being in his presence or in his darshan. Good. Next.

VOICE: Guruji, going back to the previous question about malicious gossip, I think this is a problem an awful lot of us have, and it's all very well to say find yourself a different job. But the chances are that if you go to a different office you're going to find the same thing. And wherever you go there are an awful lot of people who spend a lot of their time running other people down. Can you suggest things we can do maybe to purify ourselves when we find ourselves in that situation? Maybe doing a couple of rounds of chant or something.

GURURAJ: Yes, absolutely. You've answered it. When you listen to gossip, let the chant be ever present in your mind or your mantra in your mind. Have the remembrance of Divinity in your mind, and then listen to the gossip, for then it will not affect you. So observe the gossip. Become the observer. And then you will develop something beautiful in you. You

will have so much sympathy for the gossipers. You'll say "Ah, these poor children, they know not what they do." Yes. Forgive them, Father, they know not what they do. Yes. Roopa.

ROOPA: This is a question that I've had so many times, starting with my father and going on to many people around here. Often when I start to talk about how grateful I am for what I learn from you people say to me, "That's all very good for you, but I prefer to learn from myself. I prefer to teach myself from myself. I think I learn better that way even if it takes me longer." And believe it or not, even after all these years, there are still times I recognize that the person... that, you know, that is the truth for them right then. They don't understand how one can learn something for himself through using a guru, especially when you use the word guru here in America. So although it's a very old one it's still a question that comes up for me. I....

GURURAJ: Yes, that is very true. When you grew up and were an infant your mother led you by the hand to teach you to walk. You stumbled and you fell, and with the help of mother you started walking. And when you could walk well you did not need mother's hand. When you go to school the teacher teaches you the alphabet and word formation; and after you've learned that you can read on your own. Everything in life is a guru. You can learn from the ants crawling on the floor. Look at the system. Going to and fro and yet not bumping each other. Learn from the bees how they gather nectar and create it into honey. Learn from a child the great beautiful innocence the child has. Be ye as a child to enter the Kingdom of Heaven. Learn the innocence from a child. Everything in life is a guru. Right. But when you can't recognize these things by yourself, and you have to be highly evolved to recognize it by yourself, then you need people like me that travel thousands of miles to remind you who you really are. Fine. So I've said this a million times over and over again, that the external guru is there to awaken the internal guru within you. And when the internal guru within you is fully awakened, discard the external guru. But then, when you reach that stage, there's no question of discarding anything. For you have become the guru and the guru has become you. Oneness comes about. That's how it works. And listen to everyone, any teacher. Look, if the sun could give light to the whole world, a little lamp could give light to a little room. So learn, learn, learn, learn, and choose which is most best and applicable to you. You live your life. You have to walk with your own feet. A guru cannot walk for you. He'll show you the path so that you don't stumble and fall. If you want to go to San Francisco and you don't know which way to go, he'll point the way. He'll say, "Go north, not the south. You'll reach Mexico." You see.

So everything serves a purpose. And in the Indian tradition we say [repeats in Sanskrit or Hindi], which means "without the guru there is no knowledge." Right. Now, what do we mean by knowledge? It's not the wisdom he spouts out and

the understandings he gives you. But he, being a spiritual master, also unlocks that heart of yours. He sets you alight. He gives you the spark so that you can rage like an almighty fire, the fire of spirituality. Yes. Western people are not accustomed to this idea, yet the Easterns are. Yes. Because our West is so materially inclined. And what the western people want is everything instant: instant coffee, instant pudding, instant illumination. Yes. And most people, I think I said during the week, when everything else has failed they try the guru as a last resort when they should try the guru as a first resort. And he'll show you yes, you go to this doctor or that doctor, or do this or do that. You see.

So this will come about, and there's a great awakening in the Western world, a very great awakening. They have progressed so fast and far technologically, scientifically, that they have to turn inward now.

## VOICE: [inaudible]

GURURAJ: You have so many false gurus coming here to America. Being a land of not only milk and honey, but milk and money. They come here and fill their pockets. I know one of your gurus here. In 1979 I happened to see a balance sheet that took in \$40 million for that year. And yet, true gurus, some people like me, for example, don't know where the next plate of food is coming from. Yes. And that is a tragedy. Where the whole concept of teacher and pupil has been so destroyed. Yea. To our detriment. And who encouraged it? Not the people themselves. The gurus did that. And I challenge any one of them on any public platform. They don't accept my challenge. Yea. What are you teaching, and for what are you teaching, and what are your motivations? They can't answer that truthfully. So you are suckers: gullible. Being take for a ride. So partly it's your fault too. There you are. I don't pull back my punches, my friend.

VOICE: I'm not exactly sure how to phrase this question, but your mentioning that you don't know where your next food is coming from brings to mind the whole question about manifesting what we want. I think you touched upon this briefly the other day. And if it is a concern for you that you don't know where your next meal is coming from, I don't know if that really is a concern or not, but if it were a concern for you, could you not bring that into being?

GURURAJ: Yes, yes, yes. It is not a concern and yet a concern. And if you manifest that, then what would you be doing? You would be enlarging your ego. Instead of refining your ego, you are becoming self centered. And once you

dirty the ego by self interest then the spiritual force that flows will not flow. Anything can be manifested. We just need to think of a thing and it comes into being. It's very easy. I could teach you how to do that in six months. Yes. But that is not our way. You cannot put self interest before you. And that is why you find great spiritual masters like Ramana Maharshi, Sri Ramakrishna, they died of cancer and various diseases. They did not think of themselves their bodies at all, it was non important. So temporary. Just a little abode to live in to move to the next. Or perhaps never to move into another abode again. You see. Because once you become self centered and think of yourself you create a barrier, you create a wall, and you stop the spiritual flow from flowing, and then you could not benefit the world at all. Then all the darshan and things that you spoke about does not work. That's the reason.

VOICE: Would it be correct to say that maybe these gurus that have come over here and made their god money perhaps they didn't have that feeling when they first started. Perhaps they did just what you said: they came over with a feeling of...

GURURAJ: Good intention.

SAME VOICE: They get caught in the material...

GURURAJ: That's a weakness, and the word you used was quite correct when you said, "perhaps" they came without motivation. Now "perhaps" is a big word. You see. They got involved. But if you're weak naturally you would get engulfed in self interests. So that means originally you are not a spiritual person, you're not a spiritual master. You pretend to be one. And you have some education and a glib tongue, some intellect, and you start your racket. And the ball is always in the other man's court. That's what they do. [he laughs]

VOICE: Guruji, I have a question. There are a lot of organizations where when the master passes on we see a lot of organizations where they build up big monuments to their master. What happens to IFSU when that time comes if, you know... I know we don't want to build any monument, I don't want to be a part of something like that. But who will you pass the baton off to?

[END SIDE ONE]

GURURAJ: When I pass on, you build a monument [much laughter]. But not a monument of brick and stone, but a monument of my teachings. Spread that. For my teachings go beyond the Vedas and Vedantas and all theologies. Spread that. That is the greatest monument, not brick and stone. Ok.

You know, this husband and wife was having a quarrel. During the quarrel the wife said to the husband, "You talk like an idiot." So the husband replies, "I have to so that you can understand me." [Laughter]

Do you know, this other couple [Laughter] they brought so much furniture on the never never system, higher purchase, so the husband tells the wife one day that "By the time this furniture is paid off, it'll be antiques and worth much more." [Laughter]

## More?

This woman was wearing a locket, and in the locket she had a hair of her husband, one hair of her husband in the locket. So the friend saw it one day and he says, "Isn't your husband alive? Is he gone?" So she says, "No, he's not gone, but his hair is gone." [Laughter] Any more questions? [Laughter and chatter]

JAMMU: Ah, Guruji, [Laughter], I once heard you say that scotch is very good for the blood. It thins it. While other night caps tend to make you frigid. Is that correct [laughter]?

GURURAJ: That is true, yes. [Laughter] I'll come over to your room for a night cap [He laughs].

This man goes to a book shop. And he says, "I want to buy a book which is how to master women. Have you got a book like that on your shelves? I want to buy one." So the attendant there says, "Sir, please go to the fiction department." [much laughter]

You know, friends, those of you that are here for the first time that are not meditators that are visitors, we stand for the three L's: life, love and laughter. Do you have to come so near to ask your question? Oh, you came to sit down.

VOICE: Guruji, you've spoken of relinquishing a sense of expectation; [you've also been extremely aware?]. I find that sometimes those who have the strongest egos and the strongest expectations are also if not the most aware extremely

observant. I'm speaking for instance, of a salesperson I know who is one of the most perceptive people I know. It's served him well.

GURURAJ: Are you judging his perception by your perception?

SAME VOICE: No, what I'm asking you... and I think of another woman who is extremely observant partly because it helps her say, "See how observant I am." How can those of the rest of us who don't have the same intentions hone our sense of awareness. And I think sometimes those people have an advantage in terms of their intentions.

GURURAJ: There's a great difference between observation and perception. Observation is surface, superfluous. Perception or awareness goes deeper within. You could have a person walk in this room and with a glance take in this whole room. That is not awareness. That is observation. That person has developed the mental knack, the mental knack of observing which you could train yourself to do. But awareness is not of the mind only. True awareness is a combination of mind, body, and spirit. That is the awareness we want, that is the perception we want, where we do not look at the surface but that which is beyond the surface which is not accessible to the person who just observes and is not aware. See the difference. Next.

So this American [laughter] was going for a trip to the continent. And a friend of his told him that, "Look you must go to Athens to see the Parthenon and see all the ruins of Athens, all the ruins." So he said, "No, I'd rather go to Paris to see the ruins there." [Some laughter] That requires a bit of thinking, huh? [Laughter]

VOICE: Her question sort of makes me wonder too. At the part about the fact that in the older days there were like very few people around. And now we [laughter]....

GURURAJ: You're doing well, girl.

SAME VOICE: There's so many people now, so I wonder why...is there a log jam [laughter]....

GURURAJ: Yes, there is. A bottleneck [Laughter and comments. She goes on but it's not clear.] Ask me the question, don't try and answer it.

SAME VOICE: ... lot of souls to go around [laughter and comments].... plan for some major occurrence that's about to happen that we have to confront. Why are there so many people? [Laughter]

GURURAJ: I wonder why you are here? You should not be here, you'll be helping us [Laughter]. No. I'll tell you what happens there. In this vast continuum of this universe we occupy a very small space. And as very few people reach a higher stage of evolution so very few people pass out from this sphere of existence. But there on the other side of the continuum there are lower souls that are forever passing in. And you will always find that lesser evolved souls are more than higher evolved souls, and that is why the population of the earth is increasing. That is the reason.

SAME VOICE: Well then, it's going to keep ....

GURURAJ: Oh, yes, it's going to keep increasing, more and more and more, and more and more famines will come, and more and more wars will come, and floods will come, and some kind of balance will be preserved. Or else it will disturb the law of gravity. [Laughter]. Nevertheless. this might happen in about 200 million years time, so you have nothing to worry about [Laughter].

VOICE: ...worry today.

GURURAJ: Are we having the mandala checking tonight? I don't mind. I can sit up the whole night. Or do you want to leave it for tomorrow morning? I'm leading the chant tomorrow, am I not. Good. Chant and meditation, I'll be leading it. Immediately after that we can do the mandala checking. We can do it after that. The satsang will be a bit shorter then. Unless you people decide on a fast tomorrow, which will be very good. Don't go for lunch. We can carry on right through. Ok. Well, we shall call it a day.

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