

REINCARNATION

GURURAJ: Now there was a whole book read out to me this morning and I said let's keep the question for this evening.

VOICE: So much for that. [Laughter]

GURURAJ: So let's... what was the subject about, I don't know?

VOICE: [Inaudible] say it in four words.

ROOPA: Go up and say it in four words.

VOICE: [Inaudible] that too in four words.

VOICE: I can say it in three words.

GURURAJ: I can say it in one word rubbish! [Laughter]

ROOPA: We have another question, if this one isn't enough.

VIDYA: The answer is in one word.

MELISSA: Namaste. That's the first word.

GURURAJ: Namaste, beloved. Right. Three more to go.

MELISSA: Reincarnation. Expound please. [Laughter]

GURURAJ: Now why did you have to go to all the trouble of writing a book when you can say it in three words? There is one thing that never reincarnates. That is Divinity, because, Tom, Divinity does not require reincarnation. What reincarnates there is what you have formed within yourself through so many lifetimes. So in the process of reincarnation

what you are doing is throwing off all the karmas that you have formed within yourself and which today constitutes your life. So you are the end product today of all the lifetimes that you have lived, and that is why everyone is a separate entity. There are no two people alike, because of their karma: their doings, their actions, their thoughts and all the impressions they have gained through all these various existences. So reincarnation is a reality only for the human mind which formulates itself in the various existences to work out the karma.

Now why is one person born in happy circumstances and another born in unhappy circumstances? Why is one born healthy, while another is born ill from birth? It is an entire formulation of ourselves, and reincarnation is the purpose to unformulate the things that you have formed. So the unformulation might seem difficult to you, and therefore I always tell you of accepting it. And by the very idea of the acceptance of life and what you are, you live a better life. I accept this flower to be so beautifully red, but if it was a white flower I would also accept it to be beautiful. But the only reason I chose the red one is because it goes nice with a white handkerchief. What does this mean? We bring beauty into our lives by making everything beautiful around us. And that is how, and that is the purpose for which we reincarnate and take on these different forms and bodies. Mataji was born in Japan, for example. You were born in Switzerland, or you were born in America. Why? Why were you not all born in the same place? Because you needed the experiences of different cultures. Therefore you take birth again and again to clarify yourself. You get born into a school through in physical form, of course, and if the physical form, and if the mind was not there you will not be perceptive of yourself. So everything in life is created by none else but ourselves.

And here comes the important part. Decision. You can decide to be happy, and you can decide to be unhappy. And what is the basis of your decision? The basis of your decision is formulated by your karma, by the patternings I have been speaking about in these past few talks, the patternings that we create within ourselves. For example, one person has the tendency of being a homosexual; another has a tendency of being a lesbian. Why? Where does the tendency come from? That tendency comes from a disappointment that was suffered in a previous life and is expressing itself now for one purpose to resolve itself. You see.

So everything that happens in anyone's life is to resolve oneself and get out of the rut by resolving it. And that is why you were born the way you are born. And that is the purpose of reincarnation. Reincarnate. You are the incarnation of Divinity, but to find the solution and the resolution of life you take on this body and act and behave the way you are behaving. So what you are doing in reality, to repeat again, is to work out all those samskaras, all those impressions so imbedded in your mind.

So what is life, really? It is nothing else but a chucking off process. You throw off, you throw off all those impressions until you reach a stage of neutrality. And when you become neutral of good and bad, you achieve enlightenment. What is enlightenment, for example? That you are lit up. And all the things you go through is just a matter of darkness. So light up by reversing the actions of a past life. If in a previous life you have been a thief, you are carrying those impressions in this life too. So stop thieving, and you are not a thief anymore. So to put it in a different way, life is a reversal to reach back to your originality. There is a forward process, but that forward process is only to clarify yourself. But then with that there is a backward process also involved, where you reach back to your original self which is divine. It forms a circle all the time. The circle goes down and then it turns and goes up again to the point where you have started from. Because even a circle has a starting point. It just does not come automatically. The downward side of the circle is the learning process, and the upward side of the circle is the attaining process, to attain that beauty that you really were since the Big Bang.

So what are you? A product of a big bang. [Pause, laughs] Yes, that's what you are. You're just a bloody bang, produced by a bang, and you merge away again into the bang.

So you think you are going somewhere? No, you are going nowhere at all. Progress in life is relative, and what you regard to be progress is just marching on. And where do you march to? Back to where you came from. So this constitutes what reincarnation is all about. You move in a circle in a cycle. I came from the Father and I am going to reach back again to the Father. I came from the Maker and I want to merge back again into the Maker. Yeah, that is what the bang is all about.

So it is really so, so simple if you can handle things simply and beautifully. I could have taken this flower and just thrown it down there, but I wouldn't do that. What beauty would there be in it? So rather place it in this little vase vase. You see. So it constitutes the appreciation of the vase. (We call it vase in English.) We appreciate the beauty of the flower, and at the same time of the vase, and we have combined it together. And that is what you are born for. That's the meaning of the purpose of reincarnating is to find that combination between the relative and the Absolute.

Now you go a step further. What is relative and what is Absolute? Is this vase Absolute or is it relative? Is this flower Absolute or relative? How do you differentiate between the two? You cannot. Because the relative and the Absolute knows of no differentiation. It is one. And that is the realization that one has to find in this reincarnated life. Do you see? And when that realization dawns, all the problems of life just disappear.

Do you see?

So the purpose of reincarnation is to try and realize that the Absolute and the relative is one. For how can the Absolute exist without the relative, and how can the relative exist without the Absolute? It's an impossibility. How can

manifestation exist without the Manifestor? And how can the Manifestor exist without its manifestation? How can fire exist without giving off heat? And how can heat exist without the fire? So when one reaches these realizations, truly realized it, then you do not need to reincarnate.

Birth is pain. I have delivered many babies, but I have never found a single baby that came into the world laughing. Have any of you seen any baby being born laughing? They are born crying that here I am going through another painful birth! Have you ever seen anyone dying laughing? Never. Because he would be so involved in his mind that at the moment of the last breath his entire life flashes in front of him. Where you are going beyond the mind, and in that state fifty, sixty, seventy, eighty years that you would live slips by in a second and you review your entire life. And then when you die, what do you do? You go through a process by yourself to evaluate yourself, and when the problems of your karma and impressions, your samskaras are not resolved, you are forced to be born again, crying. Do you see? Because a child only comes to thinking ability with a little age. It develops. But that ability is in the child already, even while it is in the womb at the stage of seven months. It does not express itself because he requires that growing up to be able to express itself, but it is there. It's inherent. And if it was not there he will not be able to think. Do you see. It's like a plant. The seed is there with all the life force in the seed. It requires a little time to bloom into the plant. That happens. It's a growing process. The most important years in a person's life are three years, from birth to growing to age of three. Where all the determinations bear fruit of the formulation before it was born. It is all formulated there, and that is why people do believe in pre destination.

Now what I believe is not only in pre destination but the tendency that lies behind what is destined for you. So there again we come back to the point of being patterned. Each and every one of you came with a patterning, and that is why you are what you are. That is why you were born in north, south, east, west, wherever, because of the patternings of a previous life. And evolution is forever pushing you forward; forever, because you are in the flow of that Bang and it's pushing you forward all the time. And the only time you find conflicts is when you want to not flow with the flow in which you are born. And when you flow in that force you will find life becomes smooth because no conflict remains. You are not swimming against the current of life but with the current of life. And the beauty is this, it's not only floating with the current of life, it is swimming. And the faster you swim, by changing certain characteristics with which you are born, life becomes more smoother. And that is the reason why you have to keep on taking on this body and that body and that body, and these are called the lives of people. Yes. But there is one thing for sure, the process can be expedited. Yes. You can just float on the water, or you can swim slower. And you can swim faster by your spiritual practices that takes you more closer and closer and closer to your origin within your original self.

So to put it in another way, you have been born conditioned and your job in this school of life is to uncondition the conditioning that you yourself have produced. The avatara takes birth. He is not reincarnating himself, he comes for a purpose: to show people how to reach home quicker to where you have come from. Why stumble around in the dark forest of life? You stumble and you fall, and so therefore the avatara brings light. He lights the lamp on the path that you have to walk on so that you don't trip and fall in the forest of life; that you don't tramp on a snake which will just turn around and bite you and make life more difficult for you. But if you can see the clear way you will be careful in walking. You will not lose the way. You will not be involved in the merry go round of birth and death all the time, but you'd be on a straight path so well lit up.

So what we really want to do is get out of the maze. I was in some country where they had a maze. It was so well done that you are trying to get out of the maze but you are just going around and around and around and not being able to get out of the exit. When one learns how to find the exit, then you will learn to find the true meaning of existence. Existence in an instant, because you found the door, the exit. And when you go through the so called existence and merge away into Divinity, then there is no existence left, for existence only brings to itself all the strife and the turmoil of life. But when you merge away into that nothingness, when you merge away into that energy indescribable therefore we say "nothingness" then nothing could bother you, because you have stepped outside... stepping outside of this so called stupid life.

With every pleasure you have, do remember there would be pain. And with every pain there will tomorrow or the day after have some pleasure. But it's a total fluctuation all the time between pain and pleasure. And you are never in the center where both can be observed: both sides of the see saw going up and down. And you stand still in the center. Therefore the scriptures would say, "Be still and know I am God." Who is the God? You, each and everyone, is God incarnate. But just to scrape away the dirt, you take births. Do you see?

Why do you have a bath? A bath, rather. Why? Or a shower? Why? To get the dirt off yourself. And that is what this life's about, to rid ourselves of the dirt that has accumulated on our bodies through hundreds and hundreds and thousands and thousands of lifetimes. And yet that can be done in this lifetime, and that is what I have come to teach. You can go through all the coal mines and whatever, through all the dust and all that, but do you know you get in the bath and you can clean yourself in ten minutes. In spite of the... although you have gone through the coal mines and whatever for weeks and weeks and never found the chance to have a bath, but you climb into the bath and in ten minutes you are clean.

Now here comes the rub. Use the scrubbing brush and you become cleaner quicker. Do you see. And the scrubbing brush is the turmoil you are going through. It just scratches, you know. But the end result would be that you would feel

clean and fresh and fine. Now the turmoil too could be turned into pleasure. How? Your spiritual practices. It brushes you off, brushes away the dirt that you have gathered over all these lifetimes, and makes you clean makes you feel clean, makes you know what you really are. And that is the greatest joy that you could ever experience. You go out for a meal, huh? Right, and you order... you know, Sujay can tell us about that, and Harry. Right, yes. So of course they go and have their bacon and eggs, and what do you call that stuff steak or something? And how long does it last, really? In any case, you just shit it out afterwards. [Laughter] Do you see? That is what life is about: stuffing and shitting. [Laughter] But if you can for a moment separate yourself from these ideas, you'll be happy even with a piece of dry bread. So when you go to a restaurant you order this, you order that, that, that. Don't you see that these pleasures are just momentary? Because your constipation will end up in diarrhea which is good, you are cleaning out the system. Now let us clean out life through our spiritual practices. Hm? It's not always joyful, okay, but there are plenty of toilet rolls around and they are not too expensive either.

Clean out life and find the beauty of this time, because you have been reincarnated into this life to cleanse yourself. Do you see. That's why you are here in this world. Not to dirty yourself more, but to clean yourself. And that you do through guruhakti, through the spiritual practices that are given to you. You know why my eyes leak so much? [Wiping eyes] I've got water on the brain! [Laughter] But I turn that water on the brain into nectar and find the sweetness and the beauty of life. Do you know that you all, each and every one of you, got water on the brain? Do you know that? Did you? Your brain can't stick alone. It is in a tube of water. Otherwise it would be stuck to one side or the other side [Laughter]. So every time you turn your head this way or that way it is floating on that water. Any scientist will tell you this. And yet they've got more water on the brain than what I've got. Dry up! Use a fresh towel. Yes. How would you like to walk around wet? Stop being wet! Do you see.

Don't let that water on the brain affect you. View it as it should be viewed. Develop that objectivity, the objectivity of observance of what's happening up there. You know, most people try to live up there. I live in the center. I wonder which center though? [Laughs] We can make fun of anything and everything, yes. Because people are thought orientated, which in turn makes them stomach orientated, which in turn makes them sexually orientated. So is your life just composed of the little thought power you have? Is it just composed of your stomach, or your sexual organs? Those are the three things that need some controlling. A little effort. And as you keep on meditating, more and more, you'll find it becomes effortless. I've been through it all, I know. Oh yes, I do. I've dined and wined with kings and queens and aristocrats, and what have you. I have slept with the most prettiest, most beautiful women in the world. Yes. And I've thought of thoughts that you could call great or sublime or rather thoughtful. No more. I just live

here now not there, not there, not there just here in the heart. And that is where I speak from to you, my beloveds.

That's where it comes from.

Good. I've had my hour.

[Tape goes off and comes back on.]

Now you meditate in your room and I'll be meditating in mine. And you'll go through experiences. It's a demonstration that though I might be miles away from you I'm still very very close to you. It's an appointment. We call it the midnight special.

So you meditate in your rooms and you'll have experiences. I don't want to tell you what experiences, I don't want to influence your mind. But experience it, and tomorrow morning we'll cover I mean we can't cover the whole lot, but as many as possible and I will explain what was meant and what you experienced.

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