
FLOW OF THE NATURAL SELF
(THE PAJAMA SATSANG)

GURURAJ: So that is the idea. That is the idea of tonight's little fun. And so I thought let me come down in my jamies and gown. And why not? Why should you not be closer and closer to me. Of course, we won't do it in a public satsang, you know. But with my family, ha! The father's there and he's walking with his stick in his jamies and his gown or whatever have you. I try to teach in so many ways how you could be just yourself. And to be yourself... (You had your hair dyed. I don't like it, Melissa!) But to find the way of total naturalness, isn't that what we teach. To make yourself feel totally free and just be your natural self. I'm not shy in coming down in my jamies and my gown. I'm not. Because I know my children will know that our Father is me. And who wants to be separated with the Father? You come closer and closer to the Father, and the Father comes closer and closer to thee. That is the art of life. Where I'm not apart or separate at all from you, not at all. I'm always with you, and with thee in total respect. So, with my children what the hell must I go and doll myself up and be the spectacle guru or the guru on the pedestal? Just let me be me and let yourself be thee. So life moves along as waves of a song, composing the divine symphony to make one realize in its own melody that you are none else but me.

In your homes, fathers, I'm talking you now, are you going to bother dressing up? No, you're not doing that. You don't. How many can do that? They don't need to. It's just falsity. But they walk around their house with their children in their jamies and make them feel they are with you. And being with someone that loves you, then you can learn how to accept the father that walks around in his jamies with you. Learn this lesson now and what it means. Just be yourself and be together today and forevermore that you, my kids, sons, daughters, whatever, are always with me. When that realization dawns you'll find life becoming so much happier and happier. It is the quality of life that we have to develop. Quantity means nothing. But the quality. As that one giant, Alexander the Great said and he died so young I think it was about twenty one, twenty two "One moment of glory is worth so many years of living life without glory." And you are glory. You are glorified. Don't you know that? It would be surprising if you do not know, because I could only see glory, glory, glory, all around me. For there is nothing else but divine glory that flows through us. And we go on wandering in the woods, and we miss the beauty of the trees and forget the woods. For you are in woods, wooden heads! So, I think I was reminded of what I said this morning that let the mind be filled with dust, huh, wooden dust?

ROOPA: Sawdust.

GURURAJ: Sawdust, ah, rather than the thinking mind. The thinking mind creates all the problems. But if the mind was only there it will not be able to think of the things that people think. Yet, thinking is a power that could be used so wisely. But how many do that? It's a tool that has to be used. There are so many different kinds of tools, you know? [HE LAUGHS] But use this as a tool, an instrument of power that could devour all the sense of thinking that you are the doer of all that is done and of all that is doing. But you are not the doer, you are not which is done, and you are not the doing. So we progress from mind to mind, from soul to soul, from heart to heart. You describe it, and I the scribe that describes the power of our Father. So be the mother or the father and just live naturally. And when this is achieved by you, you will find that life could never be blue. And you know what I mean by that. Not to be blue, to be happy. And that is you. So, I cannot understand why you go on like this. Our darling there will tell us. She works with strand in strand, and weaving life to make it expand. To create those wonderful jerseys. Sweaters, is that what you call it?

VOICE: Tee shirts.

GURURAJ: Tee shirts or whatever. And with their wonderful designs on those tee shirts, and she knows strand with strand as it is woven in life makes the garment through which you make your tee shirts. And then on those tee shirts you... on the tee shirts of life you imprint those wonderful designs or sayings or names or... huh? Right. Who is the printer and who is the imprinter? You don't put on prints on tee shirts. That's some machine does it. You only design it. Because you are the designer of life. Design it, put it through the machine and vips, vips, vips, it does it. A thousand of the tee shirts. Just don't spill any tea on it, you know, it makes the cloth dirty. That is the beauty of life. That is the joy of life.

Life is nothing else but the creation of our own little minds which we conceive to be the doer of life. And yet, if you go deeper down, just a little deeper, you will start to realize that you are not the doer. Everything is done! Can you make the machine run to print the symbols, or whatever, on the tee shirt? [sic] So there are two things you have to consider. Tea, don't spill it on your pants. It could leave a mark. And, of course, the shit does something else, makes life stink. Do you see the art?

I'm going to manufacture dentures. [REMOVES DENTURES] [LAUGHTER] Prothis...?

VOICE: Prosthetics.

GURURAJ: Prosnetics.

VOICE: Prosthetics.

GURURAJ: Prosthetics. Right. I'll rather do thetics than be a pross. I don't know what you call it in this country, nevertheless it's not important. But the thetics involves the ethetics, and the ethetics of life is to live in that moral form that does not harm you. And what is morality in any case? It is bullshitology.

Morality is something that keeps one together in one's life, to bring peace, serenity in the realms of the Lord, who is Divinity. That is why morality, ethicality, and whatever you have is so necessary in our lives. It's to keep us straight on the path. It is made to keep us together in one piece. One piece, piece? How do you spell piece? Is it p l e c e? Huh? Chuck away that little l there. Come on do it. Chuck away the l of your little self, then the word becomes p e a c e instead of p.i.e.c.e. You see how it goes together, huh? So why should we just fall into pieces. No. No. No. We've got the wrong handle of the stick. This here up top is more supportive than that. You can't walk that way. You'll slip and break your bloomin' asses. So these are little secrets which brings us to peace. And peace is not just a concept, but it is an experience of life itself. How many know the meaning of life? You don't. That's for sure. Do you why I say this? Because you do not live life. So, how could you know the meaning of life if you don't live it? The meaning of everything lies in the living of it. And that undefinable It is life itself in its fullest, fullest, fullest, glory. That is life. You see that's how life goes on. [blows nose] (I beg your pardon.) That is how life goes on when people think they live. They don't, no, no, no. They think they live.

Now, thinking is something different apart from living. You can think this is a cane, okay. You might see it as a golden cane, but that's what you are thinking. In reality it's just a piece of wood. So, see the wood that makes up the trees. And yet, the tree of life is so splendedored in its various forms all its branches, its leaves in a myriad ways. And with it accompanies itself to the breeze that sings its own particular song, blowing through the branches and the leaves. What a beautiful symphony it composes. Please, please, please, listen to my words, if you can. And listen to the symphony of life. And yet, you can be totally at ease. How many times have you sat down to listen to a beautiful piece of music, and just felt it could be Bach, Beethoven, Mozart, whoever, whoever your favorite composer is and just sat and listened? And how many times ask yourself you have been at ease. What I'm trying to say is this, just be there, that's all. Let the music flow, and flow with it.

What am I doing now? I'm not lecturing. No, I'm not. I'm singing to you the song of life. [SINGS AND TRANSLATES] If you want to go, go. But where are you going to? Instead of moving that way to go away, rather come, come, and come closer to my heart. That would be the life's hope. For you I have lost everything. And for you I have come. Colors of life

I portray. And why do you think I draw the colors of life? It is for you that I do it, to show you the very colors of life. And yet, the various hues and colors of life may be a remembrance of me in your heart. What else, what else can I say to you? I've come for you, I've come for you, and remember me in your heart. In all these various hues and colors my brush is flowing. This is what I'm telling you, that in all this various hues and colors my brush is flowing, creating. What are we creating? It is in every color and in every hue that you will remember me. That what I'm trying to do is take all the various hues of the various colors and bring it into such harmony, so that I could be in your heart. And that is the art of supreme art. Yes.

So what we have to do is to harmonize our lives with all the various colors that form life. And when they can be harmonized and put together in a pattern, in a form of beauty, then don't you think our lives can become really beautiful, huh? Do you see? So who is the creator of it all? Yes, you, you, you, you, you, you. You are the creator of it all, helped by the Supreme Creator that knows it all. [SINGS AND TRANSLATES]: How can I create these colors, huh? But yet I can blend them in harmony. [SINGS] How can I create colors, because I am not the creator? It's created by some other force, some other power. But yet I, with my freewill, would know how to blend them all to create harmony. And that is the harmony that is required in the lives of all my children. Create it! You are not the creator of the colors, but you could become the blender of the colors in true harmony. How wonderful it works. It is there just for the asking and just for the taking. Suni, where are you?

SUNITA: Back here.

GURURAJ: Come here. Sit there.

SUNITA: Right here?

GURURAJ: Jagriti, come here. Sit there.

SUNITA: Sit here?

GURURAJ: Yes, this is okay. I didn't know.

SUNITA: Right here?

GURURAJ: Ya. That's it. Rub my feet.

SUNITA: With your socks on?

GURURAJ: Take it off, if you want to.

JAGRITI: Do you want to do some jin shin on your feet? Do some jin shin jyutsu?

GURURAJ: Why do you think I called you? Do whatever. The whole idea is not of rubbing my feet, because I know Sujay and Vidya will do it, and Amita and Jammu, or any of you. I'm... you know? The idea is to show that the closeness that I have with all of you. That we can just be together in total purity. Do you see? Now, don't apply any legality to my foot, bloody lawyer.

JAGRITI: I'm just hitting your jin shin points.

GURURAJ: My what points? I've got it somewhere else between my... never mind.

JAGRITI: Ears. [LAUGHTER]

GURURAJ: Bless you, my darling. It's nice to have a laugh. Nice to laff. That's what you say, yeah, laff. Not laugh. Laff. It's so funny, really. But laugh the way, you know, the English people say it and I was trained in English. Not in Americanese and neither in Pekinese. Laugh is so rhythmic with above. Laugh above. Ahhhh. And that is where life's laughter must take you: above, above your little self. And when you reach there you find the glory, not of God, no, you won't, but you find the glory of yourself. Because you are all glorious, shining in Divinity. And that's what you are. So why involve yourself in insecurity and impurity and... fufff, all that rubbish. Why? Not necessary. You are pure and you are Godly and goodly. You're the product of Divinity. And Divinity does not produce the rubbish that you think you are. So live in security. You are secure in the arms of your guru and God. Whatever you wish to believe, that's not important. The important factor is just to feel secure, and to feel within yourself that self confidence. Self confidence?

What self are we talking about? That self is co incident with your little self. Self confidence. And stop conning yourself in untruths. Instead of confidence, co incidence that I and Divinity are one. We are one with our Father. Right. What a beautiful incidence to be co within. Huh? You understand that, huh? Co, to be together. Like in cooperative. It's an incidence. Life is an incidence that is co together and combined. The little incidence is combined with the Supreme incidence, and is only nothing else but an incidence of life. In our lives, at least, living on this little planet called Earth. Now it could be quite incidental. No, it's not. The incidence is not incidental. It is the product of ourselves. God never created you. You are mistaken there. I'm telling you things which you have never heard before. God never created you. You created yourself as you are yourself now and today. He was just the impetus, the energizing force that helped you create yourself of what you are yourself today. Do you see I'm always trying to give you, my beloveds, a different way of looking at things? And by finding alternate ways of looking at things, you yourself must find your real way.

[END SIDE ONE]

GURURAJ: I've told you this before, I think, I'll show you how to walk, but you have to use your own feet to be able to walk. And in reality, with whose feet are you walking? Sometimes I don't eat for weeks and weeks and weeks. I don't even have a glass of water. And then the thought dawns, Gary, that you are drinking water for me. You are eating for me. You are walking for me. Do I not exist in each and every one of you? You are doing it, I'm not. You are the manifestation of the Manifestor, Pauliji, to add on to your question of this morning, I think, huh, something like that? So let the manifestations do it all and you sit back, as I'm sitting back. But you empower manifestation to work. To perform the actions in life as it is needed, whenever and whatever.

These things I am telling you about, I don't know how many of you could understand it, but it is the deepest philosophical truths you could ever come about on. In this lifetime I've come to expand on truths I've given before on various forms. But as the human intellect has progressed and have found the ability to think a bit more, I have to expand knowledge a bit more and more. Five years ago I used to speak in a different way. But as I see you, my beloveds, are progressing so well I can go slightly deeper, a little deeper. And as time goes by we will go still more deeper. I am inexhaustible, because wisdom is inexhaustible. I could tell you so many, many things. I could tell you. I could tell you, Gary, what you had for breakfast this morning. Yes. And what you had for lunch, too. And what you did last night, yeh. But who am I to do that? You have your own life to live, and you must live it the best you can according to your capacity. Right. And of course, the outcome of it is you that will have to bear for it.

If you eat any food which is not good for your stomach and you get indigestion, who the hell is going to be blamed for it? Only you. Where's Sujay? Is he somewhere around? Oh, he's there at the back. Yes, he and Harry went to have their breakfast somewhere else, right, with a few Bloody Marys, good. (Now, I like Marys, but they need not be bloody.) [LAUGHTER] But it's fun. Why not enjoy it, damn it. Why not? Two pals, two pals, they're like two peas in a pod, went out together and had a lovely breakfast with their bloody Marys. I would like to meet those girls, by the way.

SUJAY: No chance.

GURURAJ: No... [LAUGHTER] Yeh, so why not? Enjoy it. But always be in total purity. You can have your little fun. Why not? Otherwise life could become damn boring, you know? Have a little fun, yes, but remember, purity. That's important! Importante. How did you say it in French?

SUNITA: [IN FRENCH] Important.

GURURAJ: She gets my tongue tied, this girl.

DOREENA: You just said it in Spanish. Importante is in Spanish.

GURURAJ: Is that in Spanish? Aha, aha. There's a Spanish master sitting right next to you. Did you know that?

DOREENA: Yes, I did.

GURURAJ: Yes, and now this is the relief, the comedy part, of course. [LAUGHTER] You know, when I used to direct and produce and write scripts and act in films and things, mostly Hindi films, Hindi language, right, it had to be something very full, where you have your tears and you have your drama and you have your comedy interspliced, you know, and all those things. And the action, and the car chases, and all that rubbish, you know. It's for what people want. That was the line of business. Right. So, why not? We're not in business for love and fresh air. Hm? The banks have to be repaid for financing. You see? And therefore we had all the ingredients that made up the picture. Life must be like that. Have all the ingredients there to make up life's picture, life's entertainment, so that life could be lived joyously. All these ingredients are there, and all of them are so important. What's wrong with a few tears? What's wrong with a laugh? Laff. Sorry, my Americanese is poor. There must be joy. There must be that comedy. And life in

itself is none else but a comedy. As Shakespeare said, you know it's all a bloomin' act. Life is a stage and we play actors on the stage of life. What am I doing? I am not acting. I am enacting the very feelings, your hearts, your souls within me through these words. Do you see? You can act and you can enact. Think about that difference.

You know, what would be really nice after listening to a talk of mine, if you guys just could be around for say half an hour later, about half an hour, and just discuss within yourselves "What did Gurujī tell us about today, or this morning, or this evening?" It will give you a better understanding, really. Right. And you could, the idea would be to exchange opinions and views and understandings. And you could really learn a lot. I speak very simply so that I could be understood. But if you fathom the depth of what I'm telling you all about, you'll find this more concrete by having a discussion in the group together. You see?

And that's how you would be able to analyze your minds. That's how you would be able to think deeper, jnana yoga. And think, "Oh, Gurujī said this, now what did he really say?" Right. And from that you could formulate questions within yourselves which could be discussed in the next session. That's one way of doing things. There are many other ways, too. Do it! Do it! So says father, the boss!

Did I think... Jesus, hour and a half, huh? Well, I promised you I will make up to tonight what I missed out this morning, because I had to cut short, I wasn't feeling too well. Put on my sock, darling. I've gotta go now. Do you know how to do that? Okay.

Now, what did you learn from this? Used to draw out my children in deeper love. I don't want my stupid feet to be rubbed. No! I don't need that. I've got her and her and her to do it. But I did it to draw them out, right, into the quality of love, because that is what everyone needs to know: how to love. And one does that with surrender, not to the master, but surrendering themselves to themselves. That's the hardest part of life is to know how to surrender yourself to yourself, not to anyone else. That follows as a matter of course. Thank you, darling.

SANDHYA: [WHISPERING] Should I take the mike?

GURURAJ: Um hm. The other reason I came down in my jamies and gown is to show you the problems of mental inhibitions. You want to doll yourself up. For what? To impress someone else? Now, by trying to impress someone else you are only entering in a deeper, deeper level of depression, because of the impression that you are trying to create. So what do I care if I put on a beautiful suit, or what have you, huh? And what would you care? You won't care. Oh, Gurujī was down there in his jamies and his, what do you gown? So what does it matter? What matters is my love for you and your love for me. That matters. My entire life is composed, not only of words, but life to live itself, in its own natural self.

If a cat or a dog walks in here, is that cat or dog going to dress itself? No. We would like them in their own fur, or whatever we call it. You see. The message is: be yourself, love yourself. Now, this does not mean that you must turn up tomorrow morning in your jammies. I will kick your damn backsides very quickly. We're joking, Merrill, you know that.

MERRILL: I thought so. [LAUGHTER]

GURURAJ: It was just to show you that free your mind of inhibitions and repressions. Free yourself from them and you will become much, much more happier unto yourselves and know the meaning of life. This is just a little demonstration. I mean, we don't do it every day, you know. When I'm in the company of professors, I dress like a professor. [LAUGHTER] And when I'm in the company of clowns, I become a clown. How many are there here? [HE LAUGHS] And when I'm in the company of children, I become a child. When I'm in the company of a mother, I lay my head on her lap as a little child. When I'm in the company of my beloved, I know what to do then, too. [LAUGHTER] You know that guy, I think I know him a little, you know that Gururaj fellow? Have you heard of him? Right. He's just too much. [LAUGHTER] Thank you. Okay. So, here we go. A lovely evening together.

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