
THE IMMEDIATE RECOGNITION OF LOVE

This is a satsang with Gururaj Ananda Yogi, USA 1981, number 42, recorded at Techny Towers in Illinois.

GURURAJ: I was going to talk about something this morning. What was it? Sujay, you asked a question, I said we'd leave it till tomorrow.

SUJAY: There are times when you meet someone. You look into their eyes and there seems to be a very deep, non verbal communication. Something that you can't put into words, either person could put it into words, but very delicate feeling. The closest you could come to it is love but, what is it?

GURURAJ: There is an erroneous belief that people think in terms of soul mates. There are no soul mates. Many times people write to me and say, "Guruji, could you tell me who my soul mate is?" I tell them there is no soul mate, but there might be a class mate, hm? Someone with whom you have progressed in other lifetimes together in the same class and the same standard. Now, this creates a bond. Now, do be careful of one thing, that this bond must not lead to bondage. This bond must lead to freedom because it is not a physical or a mental bond, it is a spiritual bond. And, the only reason why the mind cannot explain it is because it is a spiritual bond. Man loves a woman or woman loves a man and they just don't know why. Sometimes a very pretty woman falls in love with a to me everything is beautiful, but to use these terms a very pretty woman falls in love with a very ugly man or an ugly man with other way around. And yet, people say, "I wonder what he saw in her? Or what she saw in him?" Did we ever consider that spiritual bond that has been carried forward from lifetime to lifetime. We all started off at the beginning of the cycle of the universe, and I've said this many times, that this universe is subjected to creation, preservation that means holding on for a time and then dissolution. But, in that very dissolution the currents remain in a very subtle form which in Sanskrit, this dissolution this so called stillness in Sanskrit is called pralay. But, in this pralay, in this stillness, there are still very fine currents. Like in the depth of the ocean there are still fine currents, although it seems so still. But if those currents were not there, there would be no waves.

So, even in this state of pralay or even in that state of silence like the top that high speed rotating seems still there are those currents. So, man's soul goes on and on eternally, but it has to find rest in the pralay, in that state of dissolution. And as scientists would say, when the Big Bang occurred, everything was pushed forth in evolution, the great force, the

force of evolution the explosion so great so that it pushes forth, and on and on it goes until it reaches a certain density. And that density is what scientist would call the black hole.

Now, the black hole is so dense, as you know, that even light cannot escape from it. But that black hole has another section to it, the other side of it. One side of it everything is sucked in and when it becomes very heavy and dense it explodes and from the other side, all that which is contained millions of universes in that one density they get expelled. And, this expellation is the explosion. And so all of us will go on in this path of evolution. Some progresses faster, some a bit slower. Up to the stage of animal the progress is equal. The mineral kingdom, those fine atomic structures and molecules progress equally; in the plant kingdom it does; in the animal kingdom it is also pushed in an equal way until it reaches the state of the higher animal where the glimmer or recognition consciousness is always there but the recognition of consciousness starts in higher animals. From there to man.

Now, how does this transformation take that from a chimpanzee, for example, into man? And science so far, and archaeologists in spite of their excavations, have found fossils that are millions of years old and they think in that way they will find the missing link. But I tell you this, and be assured of this, that the missing link is not going to be found. Because that transformation from the highest animal to man does not take place in this dimension. That transformation takes place in another dimension which is not perceptible by the third dimension, under which we are governed or ruled. So, the missing link will not be found on this planet Earth, but in another dimension which is on the subtle level the subtle level of the soul and that is where the transformation occurs, and so the primitive man comes about. And the primitive man starts gradually to become more and more aware of its consciousness, and unfoldment takes place as man progresses, progresses further and further. Fine.

But now, that bond between two people can be formed in that subtle level where this actual transformation from animal to man has taken place. Now, that is going far back to the root, and I do know very surely and by experience and by being able to go at will to that level, that there are people on earth that have that bond from that stage from that subtle level before the transformation into man came about. And that you will find always with the avatars, with the avatars: Buddha, Christ, Krishna. Right. Now then, as evolution progresses, two individualized beings come together. They go through many classes. They learn the same lessons at the same pace. By that we could use the analogy form that both reaches ninety percent aggregate in their exams through lifetimes, for life is a school and we write our exams daily. We don't realize it though.

Now, what is the factor there? Many could be classmates and yet not find that togetherness, that instant attachment. Although there could be thousands in the same class. What happens there? What is the cause of this? Because, over the whole period of schooling through lifetimes, they have studied together, but not only studied together, they grew in

love. The love we know in this world today over a span of thirty, forty, fifty years is just a speck of dust. But that real love, the totality when you feel totally one with your beloved and the beloved feels atoned atonement at one ment with the lover then be sure to know that that love has started not in this lifetime. So many lifetimes ago it grew and grew and grew, through various stages of consciousness that togetherness of those individual souls was there, and it started growing. After all, what is love? People say it is indefinable. But there is a definition to it. Total love, real love, true love, love in truth is the total expansion of one's consciousness. Where the lover does not demand anything at all, but just loves for the sake of love. And this comes about because of that bond that has been existing. Therefore we have a common saying, "Marriages are made in heaven." In other words, that has begun in a different sphere. We're not talking of the ordinary relationship between a man and a woman. We are talking of the real, the instant thing which Sujay was talking about. That just one glance and you have melted away. And, you don't fall in love. To fall in love is a catastrophe. You get uplifted in love. You rise in love. Not fall. Right.

Now, so this bond has started from many lifetimes ago, therefore the instant recognition comes. The mind is not aware cannot define it in the normal sense of the word. But, the spirit recognizes that core, or soul as we would call it, the core of personality recognizes the core of the other personality in the individualized form they recognize it instantly, instantaneously, and it grows more, more, more until it might have to take many many lifetimes to reach the total awareness of it. They feel something, but yet the totality is not there yet. Perhaps many more lifetimes will solve the problem. Because even in that instant realization, that instant togetherness that they find, that instant attraction they find is still bondage. They are bound. While the purpose of love is to be free. And the one that really loves will love in total freedom and give freedom. Unselfishly. For love in freedom is totally selfless. So, when these two entities travel on on the path, it does not mean it's all going to be smooth. No. Being governed by the law of opposites, and everything is in this universe, there will be frictions, too. But I would say let those frictions be not destructive but constructive. Friction can be constructive. The pull and the push of the laws of nature can be used so wisely so that it becomes constructive and it becomes nourishing and nurturing.

So here on the path we walk together hand in hand. Who is holding whose hand? And yet, hands are being held. Is she holding my hand, or am I holding her hand? That conscious awareness of the little mind is gone, but the hands are held. So, you walk through life's path, downhill sometimes, uphill sometimes. During the rain and in sunshine. But yet that bond is so strong that nothing can separate it. That is why in our wedding ceremonies you have these injunctions that I don't know how the exact words go, Doug would know but, let no one put asunder, which God has put together. But then, that is not understood it is not understood. They're talking on a very mundane level. But what has been put together are those two individual souls on their path to find the oneness, to find the unity. And it is the very power of that

bondage that will one day bring them into that freedom where bondage is lost but togetherness remains. Bondage is lost but togetherness remains in unity, and unity is freedom. So, what happens here is that you find freedom in bondage and bondage in freedom. That is the ideal love.

It might happen, it might happen that the one has progressed very fast and he might skip up a few lifetimes. Like you had not seen your girlfriend for a couple of days or your wife or your husband. It happens. Where that soul may have to undergo some experiences to reach up to that level of the spouse, of the other. And then that period of separation comes. And when that period of separation comes, that person that has this bond with the other and is not existing in that lifetime, that person will always feel a sense of non fulfillment. Nothing will fulfill that person. And yet, that individual being who is bound to the other is not existing in this world at that same time. But if the bond is strong enough, be sure to know that they will meet up again. That instant recognition occurs: Ah! Then you say, "Where have you been, my beloved? How many lifetimes have I not waited for you?" That is what the avatara would say.

Oh, what a long time it took for Radha to catch up to Krishna. It took her a long time many lifetimes had passed. But, when the right moment came, when Radha was mature enough to find the oneness in Krishna, then they took birth at the same time, the same period.

If the bond is strong enough, the one could be living in the North Pole and the other in the South Pole, but somehow or the other they will get together. Some happenings will occur. Something will occur that will bring them together. Now, we are talking of that deep bond that had been created over so many lifetimes. Radha, she was a married woman. And she left everything for Krishna because the recognition was there. And yet, if you sing the songs or listen to the poetry of Mira, that great deep yearning was so powerful that even Krishna, during all his work as a statesman, just could not be away from her. And that is divine love; not the ordinary kind of attachments that we have. We think we love someone. We have physical attachments, mental attachments, and they are all dependencies. They are all dependencies.

So, from dependency, first you are independent, in darkness. Then you become dependent. From there you progress into interdependence, and then you progress further into independence again. But, the first independence was of darkness and the final independence is the independence of light! One is of closed consciousness, the other is fully expanded consciousness where you are free.

So, you don't see your beloved, for example, the husband goes to war or to work or whatever the case might be. But when one has reached the stage of divine love, he never goes anywhere and he never comes from anywhere. He is there all the time. So, when we say that "I was with you in spirit," it has great truth. But, people don't understand it. They just use it as a phrase. That is what is meant I was with you in spirit, for the spirit is only one all encompassing. It has

nowhere to go and nowhere to come from for it covers the entirety. Do you see. That level of love, that is to be reached. And then, when that level is reached... perhaps the woman has not reached it yet. Say the man has reached it or the other way around. So, what happens to the man that has reached that level already and his beloved has not reached there yet? Yet it helps him so much. He becomes more compassionate, more kind, more loving, non possessive, non attached, and yet, the love that flows in him is so strong. For how can she be apart from him? She is a part of him, and not only a part of him, but the totality of him. Then we truly say, "I am thee, my beloved, and thou art me." Never mind what circumstances you are in or which I am in, that union of the spirit is there. Union of the soul melting away in the oneness of the spirit. That's a better way of putting it. The union of two souls melting away in the spirit. And when two souls melt away in that universal spirit, then what have you achieved? What have you done? You have merged away into God. That is why love is the greatest instinct in man. The most powerful urge in man is love. They say sex. Sex drive is a powerful urge. It is a very powerful urge. It is there to propagate the species or the entire concept of evolution will collapse. And there's nothing wrong in propagating the species. But, the strongest urge in man is love to love and be loved that is what man needs.

Now why is this so? Why do you want to love? [blows nose] (I beg your pardon slightly leaky nose. I've been loving too much.)

Why is this desire for love there in every man? Why? They are at various levels: some at a very low level, some at a high level, and some at a divine level. Why is that there? It is there for one purpose only, and that purpose is to find God. That is why love is in you. That is why you want to love. But that old boy, being so abstract, you got to find His concretized form in the form of your beloved. So, when you truly start loving someone, remember that urge is to find God, not the woman or the man. Man or the woman just become symbols. And man needs symbols, for eighty percent, ninety percent of your minds function in symbolic form. And those that have studied psychology will know what Carl Jung and them have said. So, you need that symbol. You need that object of love, and even avatars like Christ had his beloved. One day before I leave this body, I shall give you a book on the true life of Christ, for none has known it yet. Okay. That's a promise which I shall keep. He had his beloved. Rama had his beloved in Sita. Buddha had his beloved even after his enlightenment He had [Umrपाली?]. So, even the enlightened man needs that object of love. So, through the unenlightened man [we'll? will?] have an object of love, but it would be more of a physical and a mental nature. But, the enlightened man, his object of love is more of a spiritual nature. So, what he does, through the concrete form of his beloved, he pours out to the world the entirety of his love. The entirety of his love through the concrete to the abstract; through the one to the many.

So you see how important it is to love. When a person says, "Ah, Guruji, I can't find a girlfriend. Dear Guruji, I can't find a boyfriend." So, I tell them, "It's not going to fall into your lap. Get into circumstances, meet people, meet people, join organizations, this, that, the other join A.M.S. Meet people,

meet people. That's how you will meet perhaps the one with whom you can start that bond in this life, to mature, perhaps, after many, many lifetimes." But, still it will be fun even that little bondage in this lifetime. The fun, the togetherness, the closeness, the warmth. Why do you need the warmth of a woman? Why does a woman need the warmth of a man? Do you know why? It is the child instinct in us. That is what we are expressing. The child needs the warmth of the mother or the father. That is the whole basis behind the warmth that one seeks for, that one needs, that one wants. These are primary qualities. And then as we progress, we find that we go beyond all that and we love on that spiritual level, which is real love. And so even the mind and the body, every action gets infused with divinity and it becomes purity. That purity which transcends all man made laws, and you live in that land of the pure spirit, untainted, unstained, like a lotus growing in the mud, yet untouched. It is so beautiful. Experience it. Start. Start somewhere. Anywhere, as long as a start is made. Ah, enjoy it.

Everything I talk about in every satsang or that is never from books or what others have said. I only talk of my personal experience of this life, perhaps, and many lifetimes before. So, when people like Jesus said, "My peace I give unto thee," this was meant: my love I give unto thee. For real love brings peace and not turmoil. As soon as you find turmoil within yourself, then be sure to know it is not love. It is a childish dependency. Love brings peace. My peace I give unto thee. My love I give unto thee.

And, you can betray me if you like, he told his disciples. He didn't say those words, but he knew. And that happened. He was betrayed. You see how beautiful it is? So beautiful one could just melt away into it. Melt away into it. Sometimes in some satsangs I remember saying that I've known you all. I've spoken to you before many, many times, and there were many times you sat not in chairs you sat on the ground. So we progress. Other times we sit on chairs.

Good. And the poor teacher might sit on a rock. Good. Twelve on the dot. Look at all these jokes.... Ah, I'll save for tonight.

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